



**P. K. DAS COLLEGE**  
*of* **NURSING**

PANAYUR (PO), VANIYAMKULAM, PALAKKAD - 679522

(Approved by Indian Nursing Council, Kerala Nurses & Midwives Council & Kerala Government  
Affiliated to Kerala University of Health Sciences)



**(FORMERLY NEHRU COLLEGE OF NURSING)**

**ACADEMIC YEAR**

**2019-2020**



**NEHRU COLLEGE**  
*of* **NURSING**



**AWARENESS PROGRAMME  
FOR  
KUDUMBASREE UNIT**



**DATE : FEBRUARY 1, 2020**

**VENUE: VANIYAMKULAM PANCHAYAT OFFICE**



*G. S. V.*  
**PRINCIPAL**  
**P K DAS COLLEGE OF NURSING**  
**PANAYUR (P.O.) VANIYAMKULAM**  
**OTTAPALAM, PALAKKAD DT**  
**KERALA - 679522**



# NEHRU COLLEGE of NURSING



PANAYUR (P O), VANIYAMKULAM, PALAKKAD - 679 522

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## Report on health awareness programme conducted for KUDUMBASHREE UNIT VANIYAMKULAM

The Kudumbashree programme took birth in 1998 in Kerala as a community-driven initiative that aimed at encouraging a woman to 'save' for the future. And after nearly two decades, Kudumbashree is considered a lifeline by countless women who have reaped its benefits to carve out an identity of their own in society. Kudumbashree means different things to different people. For some, it is the poverty eradication project of the State Government of Kerala. The poverty eradication mission is called Kudumbashree. In a village setting, a National Health Group (NHG) is called Kudumbashree. The Community Development Society (CDS) is called Kudumbashree.

Vaniyamkulam Panchayath is having a very active kudumbashree unit. The different projects under the kudumbashree unit in Vaniyamkulam Gramapanchayath are

- Pad making unit
- Soap making unit
- Pickle making unit
- Umbrella making unit
- Disinfectants making unit
- Tyling unit
- Ayush gramam
- Agricultural projects

As the kudumbashree workers involve in different occupational areas they are more prone for different health harards , it is essential for them to give an awareness on the health related topics .The final year students of Nehru College of Nursing have conducted a health awareness programme for the kudumbashree workers in Vaniyamkulam Grama Panchayath . The programme was held on february 1<sup>st</sup> 2020 at the conference hall of Vaniyamkulam Panchayath Office.

### Details of classes conducted

- Occupational harards – Ms. Liba cheriyan
- Hand washing – Ms. Athira
- Personal protective equipments – Ms. Vyshnavi
- First aid for snake bite – Ms. Swathy
- First aid for wounds & bleeding – Ms. Sreeja

Around 50 members have attended the class. There was greater responds from the kudumbashree workers & the Panchayath President Mrs. Priya M appreciated the students for all their activities



*Gpen*  
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*P.R.P*



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*G. S. S.*  
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*P. R. G.*



*G. S. M.*  
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# NEHRU COLLEGE OF NURSING

PANAYUR (PO), VANIYAMKULAM, OTTAPALAM, PALAKKAD - 679 522

## STUDENTS LIST - 2016-2020 BATCH

Sl. No	Name	Attendance
1	ABHIMANYU.D	Present
2	AJITH.R	Present
3	AKHILA.A	Present
4	AKHILA.M	Present
5	ANJALI KRISHNA C	Present
6	ANJANA M S	Present
7	ANJU BABU	Present
8	ANU MOL YACOB	Present
9	ARDRA.M	Present
10	ARYA MATHAI	Present
11	ATHIRA.P.A	Present
12	BINDHIYA BENNY	Present
13	DENIYA GHILBI	Present
14	DIBILA BIJU	Present
15	FATHIMA.T.A	Present
16	GOPIKA.K	Present
17	JESHMA.T.K	Present
18	KRISHNA.K	Present
19	LIBA CHERIAN	Present
20	MARY SALIGA.P.R	Present
21	MUHAMMED ARSHED.K.T	Present
22	NEENA CHACKO	Absent
23	PRAVEENA PAUL	Present
24	R.V.VYSHNAVI	Present
25	SARANYA.C.S	Present
26	SARANYA.V	Present
27	SHABANA.M.S	Present
28	SHALU VARGHESE	Present
29	SHYMA JOSE	Present
30	SHYMA.P.SHAJAN	Present
31	SREEJA.S	Present
32	SREELAKSHMI.B	Present
33	SUMI.K.S	Present
34	SUVARNA.M	Present
35	SWATHY.A	Present
36	SWETHA.P.S	Present
37	UMMUSALMA.M.S	Present
38	VANI.V.V	Present



*G.Sw*  
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Name: George Date: 11/2/20

Name of the Programme: Awareness Programme for Kudumbasree unit

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme	✓				
2	Organization of programme	✓				
3	Relevance	✓				
4	Presentation		✓			
5	Interactive session		✓			
6	Team work performance	✓				
7	Professional competence within the programme	✓				
8	Usefulness in your future career opportunities		✓			
9	Overall experience in the programme		✓			
10	Information sharing to others	✓	✓			

General comments and Suggestions:

Signature: [Signature]  
 Name: George

Name: Jija Date: 11/2/20

Name of the Programme: Awareness Programme for Kudumbasree unit

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme	✓				
2	Organization of programme		✓			
3	Relevance		✓			
4	Presentation		✓			
5	Interactive session		✓			
6	Team work performance	✓				
7	Professional competence within the programme	✓				
8	Usefulness in your future career opportunities	✓	✓			
9	Overall experience in the programme		✓			
10	Information sharing to others			✓		

General comments and Suggestions:

Signature: [Signature]  
 Name: Jija



[Signature]  
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**NEHRU COLLEGE**  
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PANAYUR (PO), VANIYANKULAM



Established by Government  
Since 1968



# SANITIZATION CAMPAIGN

Date: 24<sup>th</sup> January 2020

Time: 09:00 am TO 01:00 pm

Venue: Koonathara Govt. HSS

Inauguration : Mr. Titus Fernandez

Speaker : Mrs. Chinthamani

Assistant Professor

Nehru College of Nursing

Vote of Thanks : Miss. Sruti



Principal  
NEHRU COLLEGE OF NURSING  
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### SANITATION CAMPAIGN AT KOONATHRA HSS

Total Sanitation Campaign (TSC) Rural sanitation came into focus in the Government of India in the World Water Decade of 1980s. The Central Rural Sanitation Programme was started in 1986 to provide sanitation facilities in rural areas. It was a supply driven, highly subsidy and infrastructure oriented programme. As a result of these deficiencies and low financial allocations, the CRSP had little impact on the gargantuan problem. The experience of community-driven, awareness-generating campaign based programmes in some states and the results of evaluation of CRSP, led to the formulation of the Total Sanitation Campaign (TSC) approach in 1999

#### **The main objectives of the TSC are as under:**

- Bring about an improvement in the general quality of life in the rural areas
- Accelerate sanitation coverage in rural areas.
- Generate felt demand for sanitation facilities through awareness creation and health education.
- Cover schools/ Anganwadi's in rural areas with sanitation facilities and promote hygiene education and sanitary habits among students.
- Encourage cost effective and appropriate technologies in sanitation
- Eliminate open defecation to minimize risk of contamination of drinking water sources and food.
- Convert dry latrines to pour flush latrines, and eliminate manual scavenging practice, wherever in existence in rural areas.

As a part of the total sanitation campaign the 4<sup>th</sup> year students & faculties of Community Health Nursing have conducted a sanitation campaign at Koonathara Govt. HSS on 24.01.2020. The students have done the cleaning of the school premises. There was about 37 students & 2 faculties. They were divided as several groups and cleaned the school ground area, building surroundings. They have removed the whole waste materials & cleaned the grass & plants from the ground. By this sanitation campaign the students could able to make the whole college premises neat and clean. The staffs & students of the school appreciated the work of the students & by this programme we could create awareness among the school students the need of keeping their surroundings neat & clean



*P.K.D.*  
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*P.K.D.*

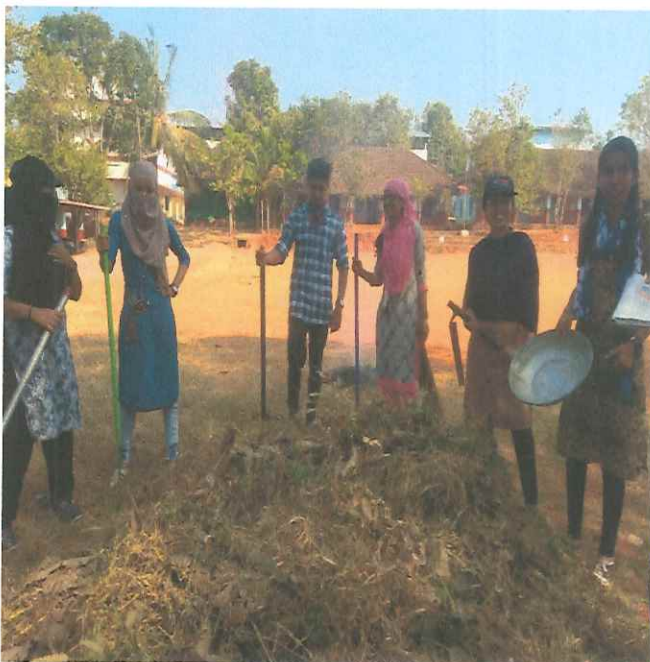


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4	AKHILA.M	Present
5	ANJALI KRISHNA C	Present
6	ANJANA M S	Present
7	ANJU BABU	Present
8	ANU MOL YACOB	Present
9	ARDRA.M	Present
10	ARYA MATHAI	Present
11	ATHIRA.P.A	Present
12	BINDHIYA BENNY	Present
13	DENIYA GHILBI	Present
14	DIBILA BIJU	Present
15	FATHIMA.T.A	Present
16	GOPIKA.K	Present
17	JESHMA.T.K	Present
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19	LIBA CHERIAN	Present
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33	SUMI.K.S	Present
34	SUVARNA.M	Present
35	SWATHY.A	Present
36	SWETHA.P.S	Present
37	UMMUSALMA.M.S	Present
38	VANI.V.V	Present



*G. Sreeni*  
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Name: Mrs. Sandhya K.

Date: 24/01/2020

Name of the Programme: Sanitation Campaign

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme	✓				
2	Organization of programme		✓			
3	Relevance		✓			
4	Presentation		✓			
5	Interactive session	✓				
6	Team work performance		✓			
7	Professional competence within the programme			✓		
8	Usefulness in your future career opportunities		✓			
9	Overall experience in the programme		✓			
10	Information sharing to others		✓	✓		

General comments and Suggestions: Good programme

Signature: [Signature]  
 Name: Mrs. Sandhya K.

Name: Mrs. Shiji Jacob

Date: 24/01/2020

Name of the Programme: Sanitation Campaign

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme		✓			
2	Organization of programme		✓			
3	Relevance		✓			
4	Presentation					
5	Interactive session	✓				
6	Team work performance		✓			
7	Professional competence within the programme	✓				
8	Usefulness in your future career opportunities	✓				
9	Overall experience in the programme		✓			
10	Information sharing to others		✓			

General comments and Suggestions:

Signature: [Signature]  
 Name: Mrs. Shiji Jacob



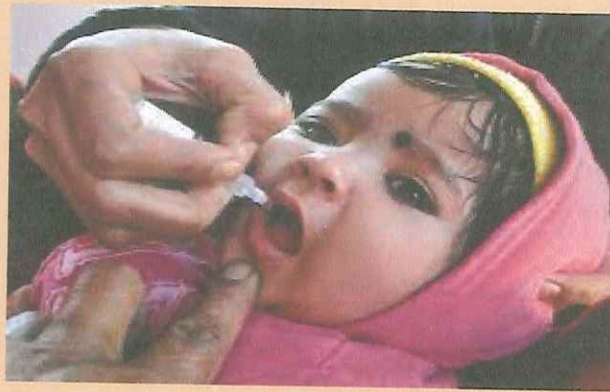
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## **PULSE POLIO IMMUNIZATION**



**VENUE: VANIYAMKULAM PANCHYAT**

**DATE: 19/01/2020-21/01/2020**



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**- OTTAPALAM, PALAKKAD DT**  
**KERALA - 679522**

# REPORT ON PULSE POLIO IMMUNIZATION

## (NSS Unit –Nehru College of Nursing )

**Pulse Polio** is an immunisation campaign established by the government of India to eliminate poliomyelitis (polio) in India by vaccinating all children under the age of five years against the polio virus. The project fights polio through a large-scale, pulse vaccination programme and monitoring for poliomyelitis cases. Vellore (Tamil Nadu) was the first Indian town to become 100% polio-free through the pulse strategy, and rest of India adopted the strategy in 1995.

By the year 2000 there was no more cases was reported in Kerala even though there are migrated cases from other states & can suspect an outbreak again. So the Gov. has decided to continue the programme for this year too.

In the Vaniamkulam Panchayath area the pulse polio immunisation programme was implemented by the active coordination by the Grama Panchayath & the primary health centre Vaniamkulam. The 4<sup>th</sup> year students of Nehru College of nursing got an opportunity to be a part of this campaign

### Orientation class

The students have got an orientation class for the pulse polio immunization on 16<sup>th</sup> of Jan 2020 in Panchayath office auditorium.

The experi staffs from the PHC have given training class for the students & to the ASHA workers.

**There were around 22 polio booths in Vaniamkulam Panchayath**

- PHC Vaniamkulam
- FWC Cherukattupulam
- Mannanur UP school
- Velliyadu Vayanasala
- Chorottur Anganwadi
- IPP S/C Chorottur
- Thrikkangodu Anganwadi
- FWC Manisseri
- Manisseri Vayanasala Anganwadi
- Manisseri South Anganwadi
- Ajapamadam Anganawadi
- East koonathara Anganwadi
- Koonathara RCH Sub- centre
- Thrangali Anganawadi
- Thrangali gramodhaya vayanasala
- Ponad Anganwadi
- Panayur anganawadi
- Panayur vayanassala anganawadi
- IPP Sub centre vaniyamkulam MKEMLP School , kothayur
- Kothayur amganawadi
- Edakkod Panayur anganawadi



*G. Suman*  
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The students were posted in the following areas

- Vaniamkulam PHC
- P K DAS Hospital
- Transit booth shoranur bus stop
- Transit booth Ottappalam bus stop

Details of student distributed

Total 19 students

1. PHC : 4 Students
2. P K DAS : 6 students
3. Shoranur bus stop : 4 students
4. Ottappalam bus stop : 5 students

Days of the programme

From 19<sup>th</sup> January 2020 – 21<sup>st</sup> January 2020

Staffs & workers

1. Mr. Moorthi : P K DAS Hospital
2. Mrs. Sarojini : PHC Vaniamkulam
3. Mrs. Ambili : Shoranur bustop
4. Mrs.Usha : Ottappalam bustop

Immunization status ( Total 207 immunized )

Date	PK DAS	PHC	SRR STOP	OTP STOP	TOTAL
19/01/20	24	65	64	36	189
20/01/20	1	5	3	2	11
21/01/20	1	3	2	1	7
TOTAL	26	73	69	39	

Around 207 were immunized on this day. The students had got a good opportunity to learn & practice.



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*P. R. R.*

Orientation class

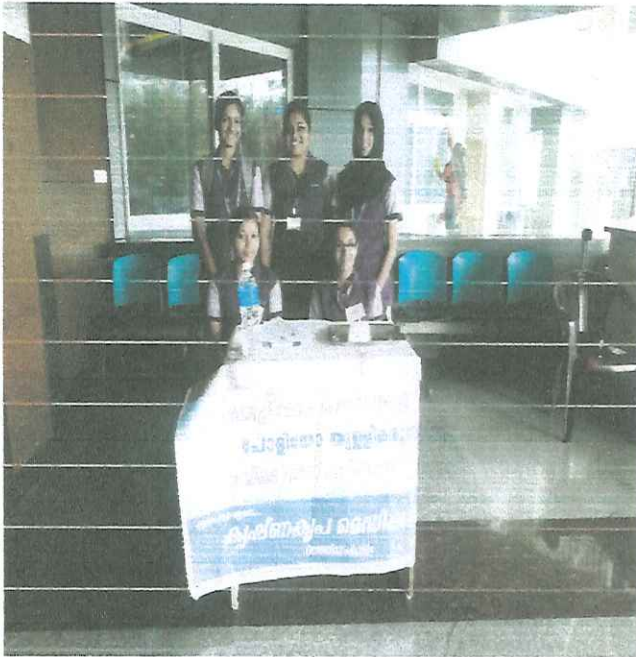


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*G. S. S.*  
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Pulse polio booth at P K DAS Hospital



Pulse polio booth at Ottappalam bus stop



*R.S.P.*



*G.S.M.*  
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*R.R.R.*



*G. S. S.*  
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## FACULTY PARTICIPATION IN PULSE POLIO IMMUNIZATION PROGRAMME 2020

19<sup>th</sup> JAN 2020 to 21<sup>st</sup> JAN 2020

In the Vaniyankulam Panchayath area the Pulse Polio Immunisation Programme was implemented by the active coordination by the Grama Panchayath & the Primary Health Centre Vaniyankulam .Along with the 4<sup>th</sup> year students of Nehru College Of Nursing faculty Mrs SHINCY.K ( Lecturer Ncn, Community Health Nursing ) got an opportunity to be a part of this campaign .



*G. Srin*  
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*P. R. R.*

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*G. S. S.*  
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PANAYUR (PO), VANIYAMKULAM



NCN/PKD/112-13/22/2019

13.11.2019

To,

Dr. Amruth,  
In-charge, Community Medicine Department,  
PK Das Institute of Medical Sciences,  
Vaniyamkulam.

Respected Sir,

**SUBJECT: REQUEST FOR PARTICIPATING IN MEDICAL CAMP  
FOR IV YEAR B.Sc. NURSING STDTENTS – REGARDING**

1. With due respect, I wish to submit the following for consideration please.
2. As part of IV Year B.Sc. Nursing Community Health Nursing programme, students have to participate in a medical camp. So we would like to join the medical camp conducted by your department on 01.12.2019 and thereafter. The list of students is attached herewith.
3. So, may I request you to do the needful?

Thanking you,

Yours faithfully,

Principal

PRINCIPAL

Nehru College of Nursing  
Vaniyamkulam, Ottapalam, Palakkad Dist  
Pin - 679 522, Kerala

**Enclosures:** As above



*G.S.*  
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*Request is accepted for batch A  
forwarded to Mr. Jayalaj, PRO, PKDIMS  
for necessary arrangements on 1/12/2019 camp*  
*Amruth*  
*12/11/19*

# NEHRU COLLEGE OF NURSING, VANAIYAMKULAM

## IV<sup>th</sup> YEAR BSc NURSING

### COMMUNITY HEALTH NURSING

### STUDENTS LIST BATCH A

Sl no	Name of the student
1.	DIBILA BIJU
2.	R V YSHNAVI
3.	SREEJA S
4.	SWETHA P S V
5.	ANJU NBABU
6.	ATHIRA M
7.	KRISHNA K
8.	SUMI K S
9.	ATHIRA P A
10.	JESMA T K
11.	SHABANA M S
12.	SHYMA P SHAJAN
13.	MARY SALIGA P R
14.	ABHIMANYU
15.	ANJANA M S
16.	GOPIKA K
17.	SHYMA JOSE
18.	SREELAKSHMI



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# NEHRU COLLEGE OF NURSING, VANAIYAMKULAM

IV<sup>th</sup> YEAR BSc NURSING

COMMUNITY HEALTH NURSING

STUDENTS LIST BATCH B

Sl no	Name of the student
1.	ANUMOL YACOB
2.	NEENA CHACKO
3.	SARANYA V
4.	VANI V V
5.	AJITH R
6.	FATHIMA T A
7.	SHALU VARGHESE
8.	UMMUSALMA M S
9.	AKHILA A
10.	ARYA MATHAI
11.	LIBA CHERIYAN
12.	SUVARNA M
13.	AKHILA M
14.	BINDHYA BENNY
15.	PRAVEENA PAUL
16.	SWATHY A
17.	ANJALI KRISHNA C
18.	DENIYA GHILBI
19.	MUHAMMED ARSHED K T



*PKD*  
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*PKD*  
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Pin - 679 522, Kerala

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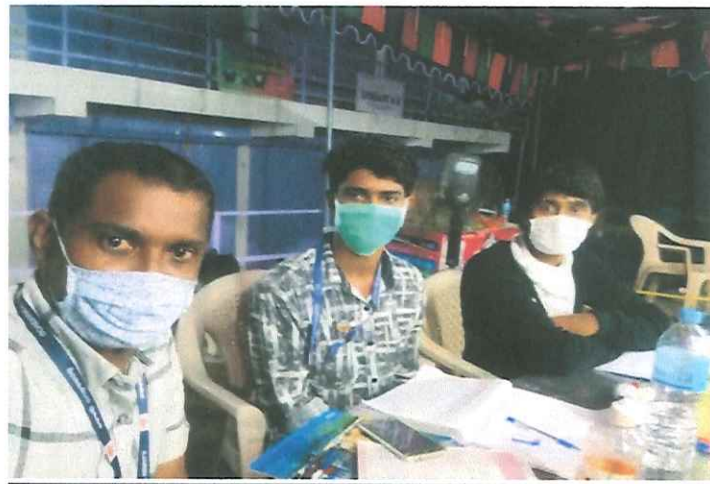
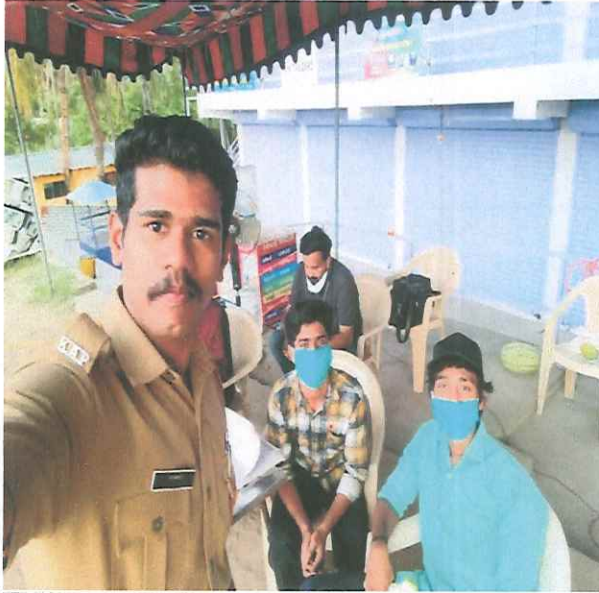
# NEHRU COLLEGE of NURSING



PANAYUR (P O), VANIYAMKULAM, PALAKKAD - 679 522

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## At Govindhapuram Checkpost



*P.R.P*  
*P.K.D*  
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KERALA - 679522

# NEHRU COLLEGE OF NURSING

PANAYUR (PO), VANIYAMKULAM, OTTAPALAM, PALAKKAD - 679 522

## STUDENTS LIST - 2016-2020 BATCH

Sl. No	Name	Attendance
1	ABHIMANYU.D ✓	Present
2	AJITH.R ✓	Present
3	AKHILA.A	Present
4	AKHILA.M	
5	ANJALI KRISHNA C	
6	ANJANA M S	
7	ANJU BABU	
8	ANU MOL YACOB	
9	ARDRA.M	
10	ARYA MATHAI	
11	ATHIRA.P.A	
12	BINDHIYA BENNY	
13	DENIYA GHILBI	
14	DIBILA BIJU	
15	FATHIMA.T.A	
16	GOPIKA.K	
17	JESHMA.T.K	
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21	MUHAMMED ARSHED.K.T	
22	NEENA CHACKO	
23	PRAVEENA PAUL	
24	R.V.VYSHNAVI	
25	SARANYA.C.S	
26	SARANYA.V	
27	SHABANA.M.S	
28	SHALU VARGHESE	
29	SHYMA JOSE	
30	SHYMA.P.SHAJAN	
31	SREEJA.S	
32	SREELAKSHMI.B	
33	SUMI.K.S	
34	SUVARNA.M	
35	SWATHY.A	
36	SWETHA.P.S	
37	UMMUSALMA.M.S	
38	VANI.V.V	



*G.S.W*  
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OTTAPALAM, PALAKKAD DT  
KERALA - 679522

*wdayar & Croindha  
puram*

Name: SARITHA

Name of the Programme Pulse Polio immunization

Date 19-1-2020

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme	✓				
2	Organization of programme	✓				
3	Relevance	✓	✓			
4	Presentation			✓		
5	Interactive session			✓		
6	Team work performance			✓		
7	Professional competence within the programme		✓	✓		
8	Usefulness in your future career opportunities		✓			✓
9	Overall experience in the programme			✓		
10	Information sharing to others			✓		

General comments and Suggestions:

Signature: [Signature]

Name: Saritha

Name: THULASI

Name of the Programme Pulse Polio immunization

Date 20-1-2020

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme	✓				
2	Organization of programme	✓				
3	Relevance	✓				
4	Presentation	✓				
5	Interactive session	✓				
6	Team work performance	✓				
7	Professional competence within the programme	✓				
8	Usefulness in your future career opportunities		✓			
9	Overall experience in the programme		✓			
10	Information sharing to others		✓			

General comments and Suggestions:

Signature: [Signature]

Name: Thulasi



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19-20



**NEHRU COLLEGE**  
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## **COVID 19 PREVENTION CAMPAIGN**



### **VENUE AND DATE :**

- **18/03/2020 – 24/03/2020 – at Walayar Checkpost**
- **05/05/2020-10/05/2020 – at Govindapuram checkpost**



*G. Das*  
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**PK DAS COLLEGE OF NURSING**  
**PANAYUR (P.O.), VANIYANKULAM**  
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**KERALA - 679522**



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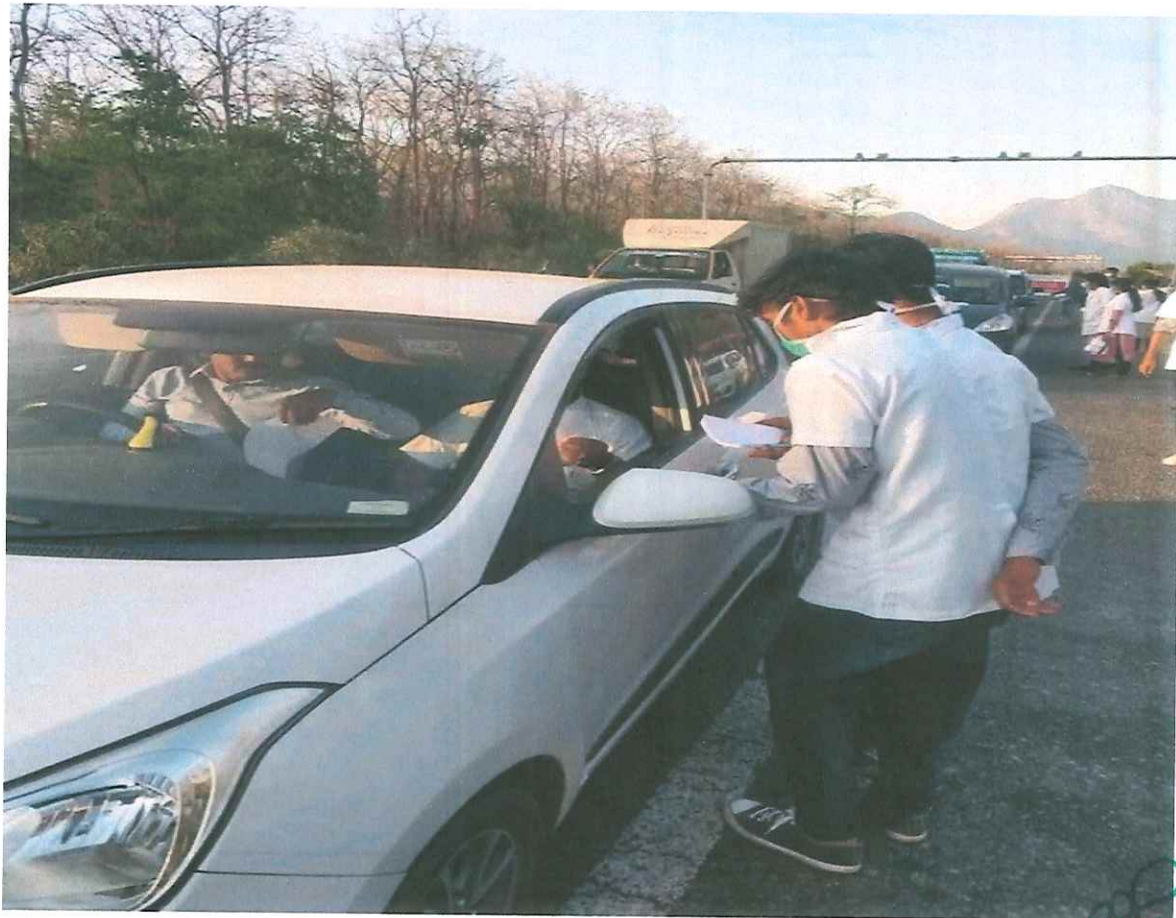
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## COVID 19 SCREENING & AWARENESS AT WALAYAR CHECK POST

COVID 19 has become a social crisis, a health care professional has the responsibility of control & prevention of this social health issue. The College Union Chairman Mr. Muhammed Arshed & Vice Chairman Mr. Abhimanyu Devadas were taken a step forward in screening & awareness of the public at WALAYAR & GOVINDHAPURAM CHECK POST along with the police force, red cross members & other student nurses from different nursing colleges in PALAKKAD District during March 18<sup>th</sup> 2020 – till the first lockdown day on March 24<sup>th</sup> at WALAYAR CHECKPOST & from May 5<sup>th</sup> to 10<sup>th</sup> at GOVINDHAPURAM CHECK POST. The main objective of this programme was to assess the risk of people who are passing the border & to educate them regarding COVID 19 & its preventive – control measures. The Nehru College of Nursing family is proud of the students who are the blooming buds to the future health care system.

### at Walayar Checkpost



*G. S. S.*  
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*P. S. S.*

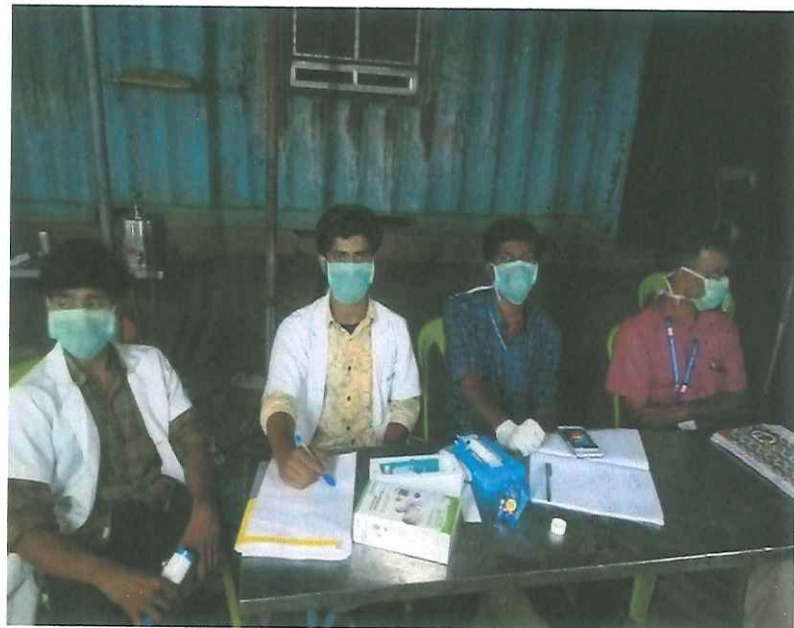
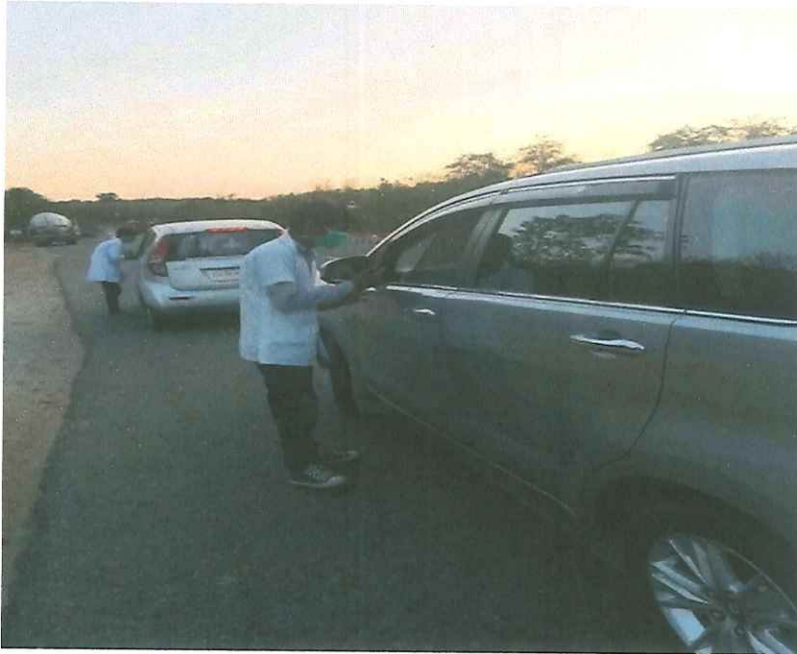


# NEHRU COLLEGE of NURSING



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*P. Das*



*P. Das*  
PRINCIPAL  
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OTTAPALAM, PALAKKAD DT  
KERALA - 679522



**NEHRU COLLEGE**  
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PANAYUR (PO), VANIYAMKULAM



# HEALTH CAMP

*Date: 01<sup>st</sup> December 2019*

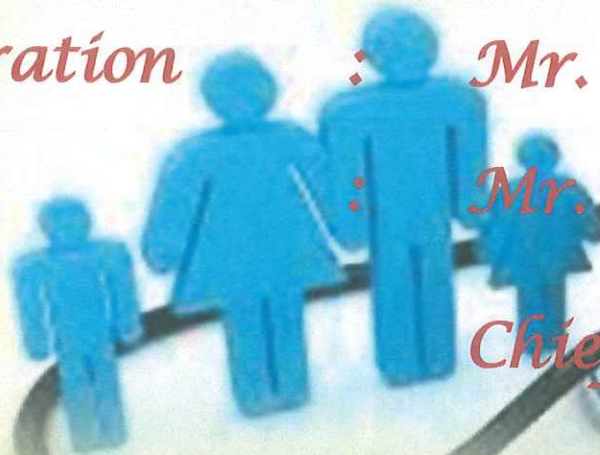
*Time: 09:00 am TO 01:00 pm*

*Inauguration : Mr. Ramakrishna Sevabharathy*

*Speaker : Mr. Sachin Patel*

*Chief Medical Officer*

*Vote of Thanks : Mr. Titus Fernandez*



19-20

*G.P.S.*  
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## HEALTH CAMP

Health Camps are mobile and are conducted in different locations by qualified doctors, nurses, and paramedics and community health workers. Health camps are organized to help the poor to get healthcare free of cost. When many hospitals organize free camps, a sizeable number of patients turn up because medical services are given free of cost. Later, these patients do not make it to the hospital for further check-up because they feel it's too costly to pay a visit. Healthcare camps are the only hope for the unprivileged community where their problems are heard and resolved with respect and dignity. Let's keep this flame of hope burning and their spirits uplifted.

**4<sup>th</sup> year Bsc students ( 5<sup>th</sup> batch )** of Nehru college of nursing has organized a medical camp along with **p k das institute of medical science in co-ordination with Sevabharathy Cherpulassery** . Then camp was held on **01/12/19 at Panniyamkurssi east A L P School Alankunn, cherpulassery** . the camp conducting & organizing committee includes 4<sup>th</sup> year students of Nehru college of nursing ,**14 doctors & 2 pharmacist**. The chief medical officer for the camp was **Dr. Sachin patel**

The camp started with official **inauguration function** by the president of **sevabharathy Mr Ramakrishna & the Principal A L P School Alanakunnu Mr Jayaraj & Dr. Sachin Pattel** by lighting the lamp

there were different sections for the camp like

- **Registration**
- **General assessment**
- **Outpatient unit**
- **Pharmacy**

Around 200 members were attended the camp & the most common the health issues find out were hypertension, diabetes, arthritis. Among this around 30 members were referred to p k das Institute of medical science for further treatment



*G. S. M.*  
**PRINCIPAL**  
**P. K. DAS COLLEGE OF NURSING**  
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**OTTAPALAM, PALAKKAD DT**  
**KERALA - 679522**

*P. S. S.*



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By organizing the medical camp in the area we were able to rule out many risk cases & it was very much beneficial for the people & was greater participation



*P.K.D*



*P.K.D*  
PRINCIPAL  
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PANAYUR (P.O), VANIYAMKULAM  
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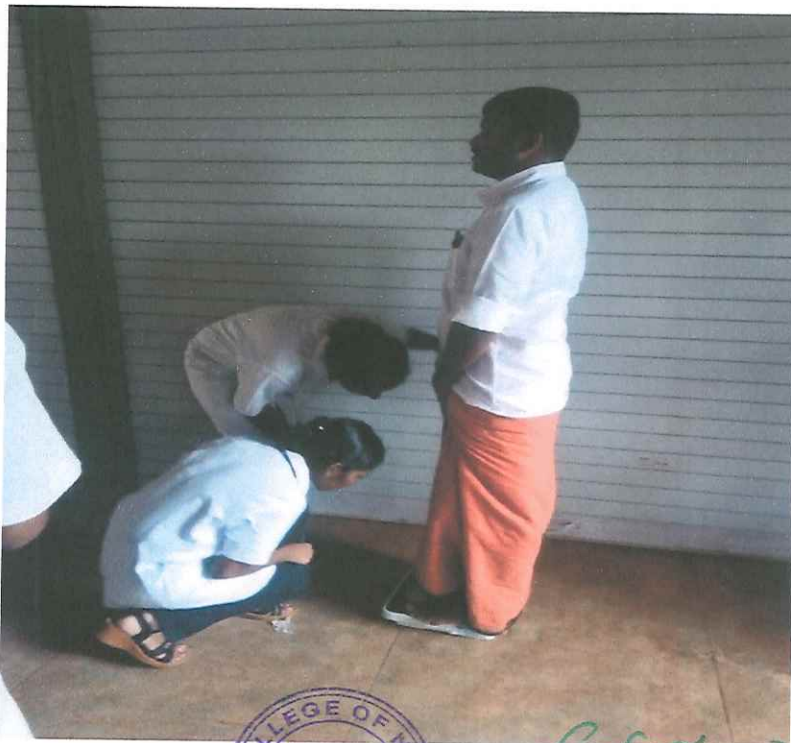


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*Green*  
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*P.R.P*  
*Gsm*  
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KERALA - 679522

# NEHRU COLLEGE OF NURSING

PANAYUR (PO), VANIYAMKULAM, OTTAPALAM, PALAKKAD - 679 522

## STUDENTS LIST - 2016-2020 BATCH

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23	PRAVEENA PAUL	Present
24	R.V.VYSHNAVI	Present
25	SARANYA.C.S	Present
26	SARANYA.V	Present
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28	SHALU VARGHESE	Present
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30	SHYMA.P.SHAJAN	Present
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32	SREELAKSHMI.B	Present
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34	SUVARNA.M	Present
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36	SWETHA.P.S	Present
37	UMMUSALMA.M.S	Present
38	VANI.V.V	Present




*G. S. S.*  
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Name: Manoj  
 Name of the Programme Health camp Date 01/12/2019

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme					
2	Organization of programme	✓				
3	Relevance		✓			
4	Presentation		✓			
5	Interactive session		✓			
6	Team work performance			✓		
7	Professional competence within the programme		✓			
8	Usefulness in your future career opportunities		✓			
9	Overall experience in the programme		✓	✓		
10	Information sharing to others			✓		

General comments and Suggestions:

Signature:   
 Name: Manoj

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 Name of the Programme Health camp Date 01/12/2019

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
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7	Professional competence within the programme		✓			
8	Usefulness in your future career opportunities			✓		
9	Overall experience in the programme			✓		
10	Information sharing to others		✓			

General comments and Suggestions:

Signature:   
 Name: Manoj



G. S. Rao  
 PRINCIPAL  
 P K DAS COLLEGE OF NURSING  
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 OTTAPALAM, PALAKKAD DT  
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**NEHRU COLLEGE**  
*of* **NURSING**  
PANAYUR (PO), VANIAMKULAM



# HEALTH CAMP

*Date: 16<sup>st</sup> December 2019*

*Time: 10:00 am TO 12:00 pm*

*Venue : NSS College, Ottappalam*

*Department :*

*Ophthalmology, ENT & General Medicine*

*Inauguration : Mrs. Prof. Tamil Selvi P*



*P.K.S.*  
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# HEALTH CAMP

(Organised by Nehru college of Nursing)

16<sup>th</sup> DEC 2019

## Report on health camp at N S S College Ottappalam

Organizing free medical camp for students helps them to get sensitized about health issues. Apart from this it also makes students aware of their health status. It is also a way of informing students about the necessity of adequate nutritious food, clean drinking water, dangers and the risk of environmental pollution. Medicines are distributed as free samples to those students suffering from health issues after providing them with a general check-up. The medical camps also seek to provide both preventive and curative treatment for those who require special treatment from relevant hospitals and are often funded by medical trusts and NGO's. Conducting these camps for students also aims at providing free tests for diabetes, blood pressure, haemoglobin etc and also provides counselling for students by trained doctors and specialists.

In collaboration with the Community medicine department PKDIMS 4<sup>th</sup> year students of Nehru College of Nursing organized a 1 day free medical camp for all the students of N S S College Ottappalam. The camp was held in the community hall of N S S college on 16/12/2019 .around 37 students of nehru nursing college 10 doctors from P K DAS Hospital were there for the camp.

A screening session was held for the students by the team from P K DAS Hospital. The ophthalmology, ENT, the General medicine department conducted this. A Health card was issued by the community college for all the first year students like the previous year. About 775 students attended the camp and got benefited. About 50 students were provided with follow-up cards for further medical care. In addition to this, they were also provided free care at the hospital. The most common issues that could find among the students were **visual & hearing disabilities , anaemia, & menstrual abnormalities** . The students were provided with basic iron & vitamin supplement tablets. The camp was very much beneficial for the students of N S S College & we were able to diagnose around 20 new cases from the students. The camp become successful with the participation of 4<sup>th</sup> year students of Nehru college of Nursing with the greater help from our parent hospital PK Das Hospital.



*G. S. S.*  
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*P. S. S.*



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*G. S. S. S.*  
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OTTAPALAM, PALAKKAD DT  
KERALA - 679522

Name: Janu Date: 16/12/20

Name of the Programme Healths Camp

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme	✓				
2	Organization of programme	✓				
3	Relevance	✓				
4	Presentation	✓				
5	Interactive session			✓		
6	Team work performance			✓		
7	Professional competence within the programme			✓	✓	
8	Usefulness in your future career opportunities		✓			
9	Overall experience in the programme	✓	✓			
10	Information sharing to others			✓		

General comments and Suggestions:

Signature: [Signature]  
 Name: Janu

Name: Seethalekshmi Date: 16/12/20

Name of the Programme Healths Camp

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme	✓				
2	Organization of programme		✓			
3	Relevance		✓			
4	Presentation	✓	✓			
5	Interactive session		✓	✓		
6	Team work performance			✓		
7	Professional competence within the programme		✓			
8	Usefulness in your future career opportunities		✓			
9	Overall experience in the programme			✓		
10	Information sharing to others	✓	✓			

General comments and Suggestions:

Signature: [Signature]  
 Name: Seethalekshmi



[Signature]  
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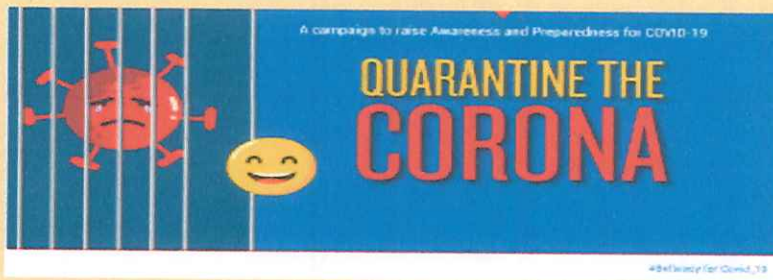


Modeling True Education

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# COVID 19 AWARENESS PROGRAMME ONLINE SESSION



**VENUE: ONLINE PLATFORM (WHATSAPP,  
FACEBOOK, INSTAGRAM)**

**DATE: 11/04/2020**

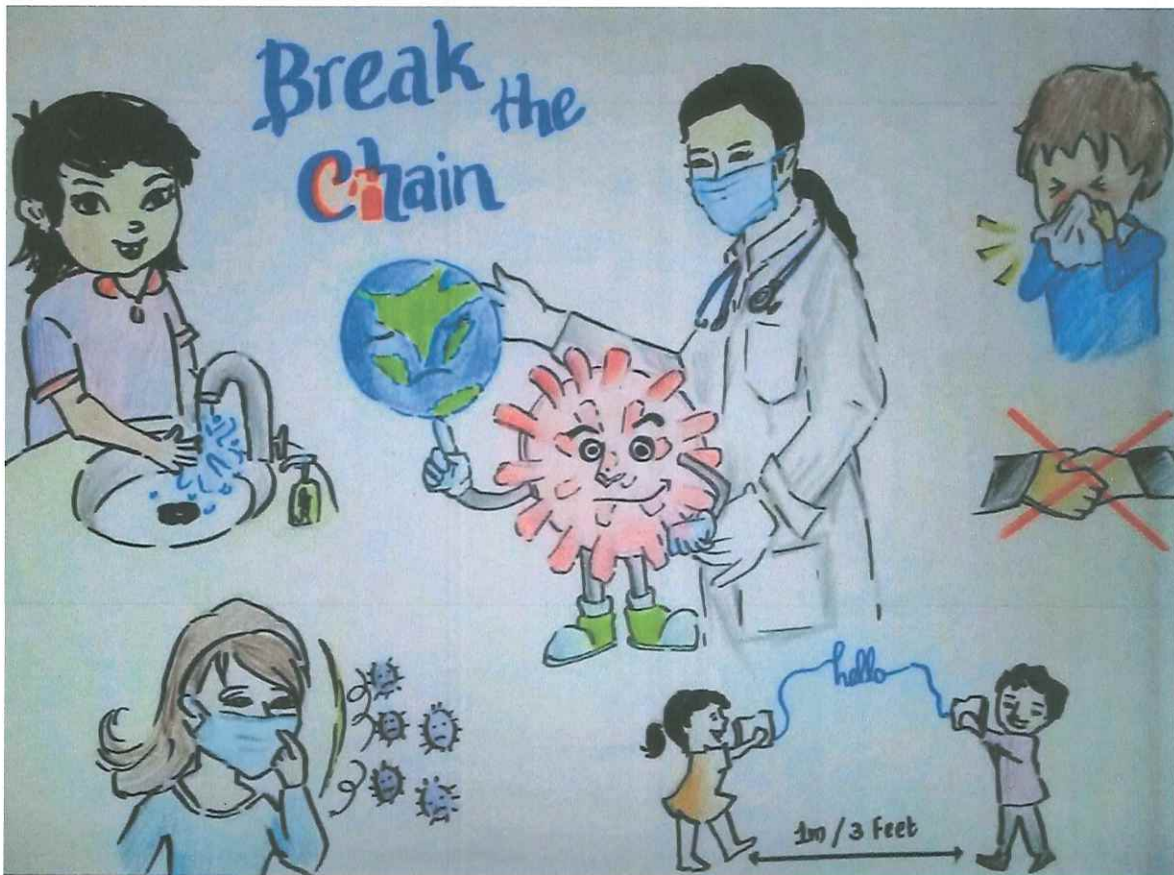


*G. Das*  
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## PUBLIC AWARENESS PROGRAMME

The Students of Nehru College of Nursing who are efficiently talented in creative works utilised their talents in creating public awareness regarding COVID 19 through social media. The posters, scraps & videos prepared by our students were shared to the public through whatsapp, Facebook & Instagram. This will be a good informative & entertainment tool for the public in these quarantine days. The competition was conducted on 11.04.2020



Ms. RIZANI FATHIMA (2<sup>nd</sup> year)



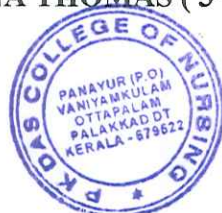
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PRINCIPAL  
P K DAS COLLEGE OF NURSING  
PANAYUR (P.O), VANIYAMKULAM  
OTTAPALAM, PALAKKAD DT  
KERALA - 679522

*R. R. F.*  
Principal



*Handwritten signature in green ink.*

Ms. ALEENA THOMAS (3<sup>rd</sup> year)



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**PANAYUR (P.O), VANIYAMKULAM**  
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**KERALA - 879522**

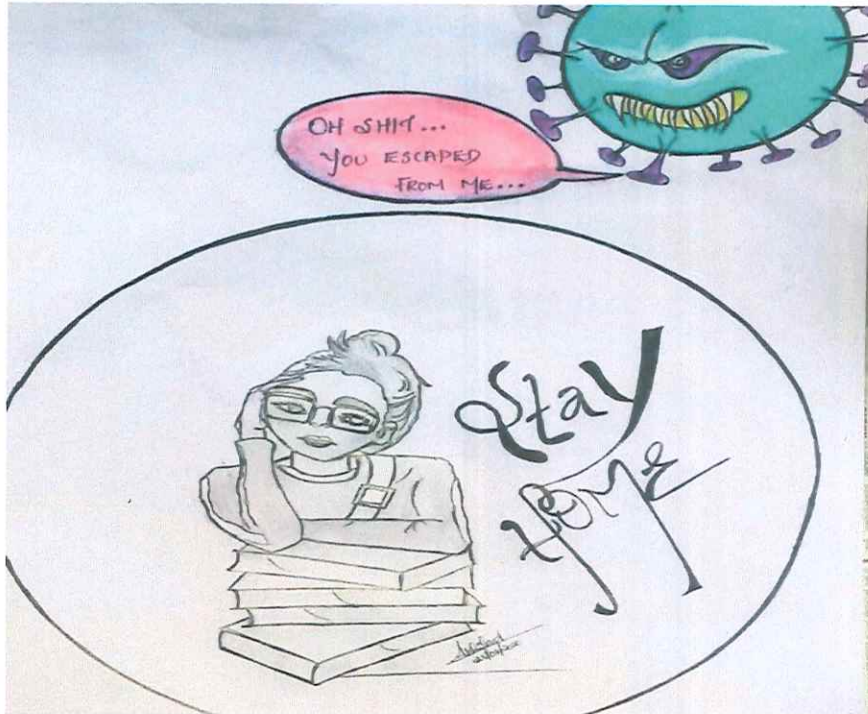


# NEHRU COLLEGE of NURSING



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THIS DOESN'T MEAN SIMPLY SITTING AT HOME.  
THE WORD ITSELF ANNOYS THE PREVENTION  
OF CORONA.

SOCIAL DISTANCING  
TEACH THE UNKNOWN  
ACTIONS TO KEEP HYGIENIC  
YOU CAN MAKE IMMUNITY

HELP OTHERS TO GET FOOD  
OBEY GOVERNMENT ORDERS  
MONITOR EVEN MINOR SYMPTOMS PRESENT  
ENQUIRE THE DOUBTS TO MEDICAL PROFESSIONALS



*G.Sne*  
PRINCIPAL  
PK DAS COLLEGE OF NURSING  
PANAYUR (P.O), VANIYAMKULAM  
OTTAPALAM, PALAKKAD DT  
KERALA - 679522

Ms. AKHILA A (4<sup>th</sup> year)

*Akhila A*



## COVID 19 – awareness video



Ms. APARNA A S (2<sup>nd</sup> year)



Ms. SHOBITHA (3<sup>rd</sup> year)



*G.P.Swar*

PRINCIPAL  
PK DAS COLLEGE OF NURSING  
PANAYUR (P.O), VANIYAMKULAM  
OTTAPALAM, PALAKKAD DT  
KERALA - 679522

*P.R.P*

**NEHRU COLLEGE OF NURSING  
PANAYUR(PO), VANIYAMKULAM**

**ATTENDANCE SHEET**

*Covid-19 Awareness  
Program*

SL.NO.	NAME	ATTENDANCE
1	Rizana Fathima II year	Present
2	Alben Thomas III year	Present
3	Akhil A IV year	Present
4	Shobitha III year	Present
5	Aparna A.S II year	Present
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*G.S.W*  
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Since 1968



# COVID - 19 VOLUNTEER SERVICE



**Date:** 22<sup>nd</sup> March 2020 to 17<sup>th</sup> May 2020

**Time:** 08:00 am to 05:00 pm

**Venue :** GTS#  
Kottathara

**Volunteers :** Mr. Ashique V  
Mr. Muhammed Arshad  
Mr. Mohyudheen Nishad



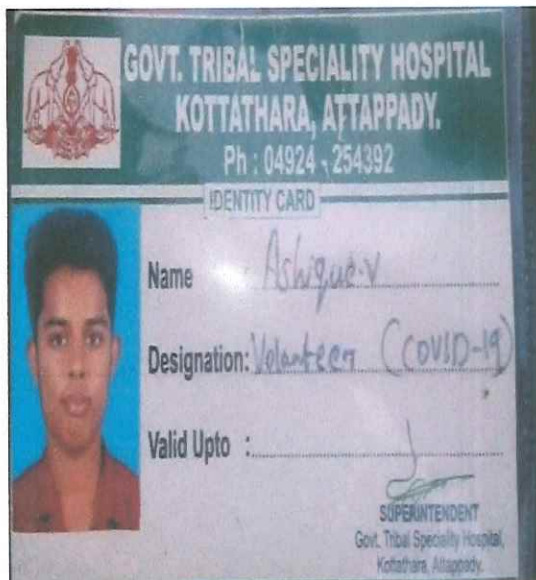
*G. S. M.*  
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OTTAPALAM, PALAKKAD DT  
KERALA - 679522



## COVID VOLUNTEER

The third year student Mr. ASHIQUE V has taken a good initiative to work as COVID volunteer in fever clinic and patient data collection section of GTSH Kottathara , Government Tribal Speciality Hospital, Kottathara from 22-03-2020 to 17 - 05 – 2020.

Presently working as a COVID Voluteer in COVID SWAB Collection team from 29-6-2020 onwards. The team NCN appreciate Mr. ASHIQUE for his unconditional effort & we are really proud about such initiative from our students.



*G.P.Sun*  
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KERALA - 679522

*P.S.P*  
Principal.



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*Gt-Sam*  
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OTTAPALAM, PALAKKAD DT  
KERALA - 679522

*P.R.R.F*



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## Attappady Block Panchayath Govt. Tribal Speciality Hospital KOTTATHARA

# Certificate

OF  
APPRECIATION

This is to certify that Sri./Smt./Kum/Kumari...ASHIQUE...V.....

had visited this institution on PARTICIPATED...IN...VOLUNTEER...WORK... and participated

in COVID-19 RRT.....by/through.....

from 22-03-2020.....to 17-05-2020.....

Date : 18-05-2020

Wishes him/her all success in his/her future.



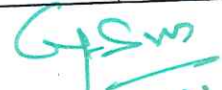
*P. S. M.*  
PRINCIPAL  
P K DAS COLLEGE OF NURSING  
PANAYUR (P.O), VANIAMKULAM  
OTTAPALAYAM PALAKKAD DIST  
KERALA - 679 522

**NEHRU COLLEGE OF NURSING  
PANAYUR(PO), VANIYAMKULAM**

**ATTENDANCE SHEET**

SL.NO.	NAME	ATTENDANCE
1	Ashique V	Present
2	Muhammed Arshad	Present
3	Mr Mohyudheen Nishad	Present
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**OTTAPALAM, PALAKKAD DT**  
**KERALA - 679522**



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# 'SANTHWANAM'

## 'HOME HEALTH SCREENING'



*G. S. M.*  
PRINCIPAL  
P K DAS COLLEGE OF NURSING  
PANAYUR (P.O.), VANIYAMKULAM  
OTTAPALAM, PALAKKAD DT  
KERALA - 679522

Date: 25<sup>th</sup> August 2020

Time: 10:00 am

Venue : Muthuthala  
Pattambi

## HOME HEALTH SCREENING IN LOCK DOWN DAYS

Nursing field not only focusing on care for the sick , but having greater social responsibility. The students of **NEHRU COLLEGE OF NURSING** are very much expressive in delivering their social responsibility. Being the lock down time people are struggling in seeking their regular health check-up. **LDF local committee MUTHUTHALA -PATTAMBI**, in co-ordination with **SANTHWANAM** ( a scheme for the welfare of public ) found a remedy for this by organising **A HOME HEALTH SCREENING** at their area.

**Mr. MUHAMMED ARSHED** ( 5<sup>th</sup> batch – 4<sup>th</sup> year ) our college chairman had expressed his responsibility to the society as a leading member of the health care team in this **HOME HEALTH SCREENING** considering this as service as much as he can do to the society during these quarantine days. The programme was aiming to monitor the blood pressure & blood glucose level of the people & health education .

The team **NCN** appreciate **Mr. MUHAMMED ARSHED** for his service which will be a greater motivation & inspiration for other students of our team.



*G.P.S.W.*  
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OTTAPALAM, PALAKKAD DT  
KERALA - 679522

*P.P.P.*  
Principal



*G. Sar*  
PRINCIPAL  
P K DAS COLLEGE OF NURSING  
PANAYUR (P.O), VANIYAMKULAM  
OTTAPALAM, PALAKKAD DT  
KERALA - 679522

*R. R. R.*

NEHRU COLLEGE OF NURSING  
PANAYUR(PO), VANIYAMKULAM

ATTENDENCE SHEET

SL.NO.	NAME	ATTENDANCE
1	Muhammed Aqshad. K.T	Present
2		
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*P.K. Das*  
PRINCIPAL  
P K DAS COLLEGE OF NURSING  
PANAYUR (P.O), VANIYAMKULAM  
OTTAPALAM, PALAKKAD DT  
KERALA - 679522

DATA COLLECTION ON COVID 19

Our student **Mr. MOHYDHEEN NISHAD** ( 1<sup>st</sup> year BSc NURSING ) has participate in the Gov data collection ( online) of guest labours which was conducted under 14/2020 circular of HONOURABLE LABOUR COMMISSIONER in 10/04/20 at SHORANUR ASST LABOUR COFFICER'S CIRCUMFERENCE AREAS ( PATTAMBI THALUK , SHORANUR MUNICIPALIT Y) during the period of 18/04/2020.

He was also there as active volunteer in community kitchen at Vilayur Gramappanchayath base & also worked along with the medical team in COVID FIRSTLINE CLINIC at Vilaur Gramapanchayath



സാക്ഷ്യപത്രം

ബഹു. ലേബർ കമ്മീഷണറുടെ 10/04/2020 ലെ 14/2020 സർക്കുലർ പ്രകാരം അതിഥി തൊഴിലാളികളുടെ വിവര ശേഖരണം നടത്തുന്നതിനായി ഷൊർണൂർ അസിസ്റ്റന്റ് ലേബർ ഓഫീസിന്റെ പരിധിയിൽ (പട്ടാമ്പി താലൂക്ക് ഷൊർണൂർ മുനിസിപ്പാലിറ്റി) ശ്രീ. Mohydeen Nishad 9904 0943 0347 23/04/2020 വരെ വളണ്ടിയറായി നിയോഗിച്ചിരിക്കുന്നു.

തീയതി: 18/04/2020  
ഓഫീസർ

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അസിസ്റ്റന്റ് ലേബർ ഓഫീസർ  
SHORANUR  
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*(Handwritten Signature)*  
PRINCIPAL  
P K DAS COLLEGE OF NURSING  
PANAYUR (P.O.) VANIAMKULAM  
OTTAPALAM, PALAKKAD DT  
KERALA - 679522

*(Handwritten Signature)*  
Principal



*G. S. Kumar*  
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OTTAPALAM, PALAKKAD DT  
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*R. R. R.*



*G. Sunil*  
PRINCIPAL  
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OTTAPALAM, PALAKKAD DT  
KERALA - 679522

*R. R. R.*

NEHRU COLLEGE OF NURSING  
PANAYUR(PO), VANIYAMKULAM

ATTENDENCE SHEET

SL.NO.	NAME	ATTENDANCE
1	Mohammed x	
2	MOHYDHEEN NISHAD (I YEAR Bx)	Present
3		
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*G. S. M.*  
PRINCIPAL  
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OTTAPALAM, PALAKKAD DT  
KERALA - 570522



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# HEALTH AWARENESS PROGRAMME ON GERIATRIC

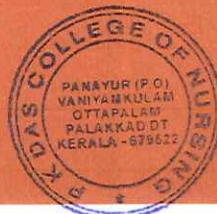


*Date: 11<sup>th</sup> December 2019*

*Time: 02:00 pm to 04:00 pm*

*Venue : CHG Ambalappara*

*Speaker : Mrs. Chinthamani*



*G.S.M.*  
PRINCIPAL  
P.K.D.S. COLLEGE OF NURSING  
PANAYUR (P.O.), VANIYAMKULAM  
OTTAPALAM, PALAKKAD DT  
KERALA - 679522



**HEALTH AWARENESS PROGRAMME ABOUT  
GERIATRIC CARE SERVICES**

**Old age** is when a person is near or beyond the usual life expectancy, usually from the age of 65 onwards by modern standards. Old people are usually retired from work and spend their time in other ways like helping, take care of small children who are kin to them in some way. Often people of old age have wrinkly skin. They will move slower, and become constantly old. Old people have more health problems than young adults, and many of them take medicine. The reason for this is that their bodies are slowly deteriorating, so they have more problems, especially with moving. Osteoporosis weakens the bones, and is one of the problems that become more common with age.

The final year students of **NEHRU COLLEGE OF NURSING** has conducted a health awareness class on **11/12/2019** for geriatric care at **Community health centre AMBALAPPARA**. Students were taken classes for the people who have assembled in the community health centre with different topics related to old age people. The topics discussed in the classes were

- **PHYSIOLOGICAL CHANGES & HEALTH ISSUES & IT'S MANAGEMENT IN OLD AGE – Ms. Dibila**
- **ELDERLY ABUSE – Ms. Sreelakshmi**
- **GERIATRIC DIET – Ms. Swetha P S**
- **GERIATRIC EXERCISES – Ms. Anju Babu**
- **MENTAL HEALTH PROBLEMS OF OLD AGE – Ms. Neena Chacko**
- **SOCIAL ISOLATION – Mr. Ajith R Nair**
- **COMMON DISEASES & IT'S MANAGEMENT IN OLD AGE – Ms. Arya**
- **NATIONAL HEALTH PROGRAMMES FOR OLD AGE – Ms. Liba Cheriyan**

The classes were taken with relevant audio visual aids. The classes were very much effective & there was greatest response from the group. By this health awareness programme they were able to deliver greater knowledge about the care old age people

*P.R.R.*  
Principal.



*G. Anur*  
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KERALA - 679522



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*G.Sunil*  
**PRINCIPAL**  
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 OTTAPALAM, PALAKKAD DT  
 KERALA - 679522

*P.S.P*

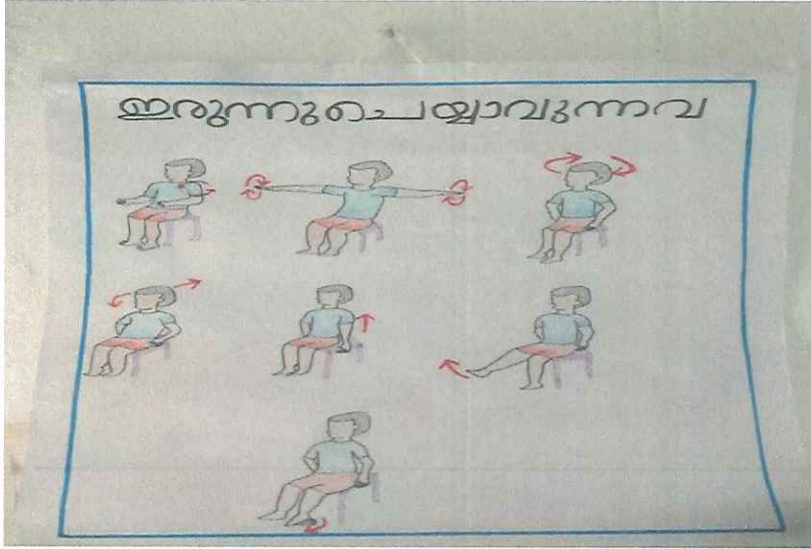


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*Principa*  
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# NEHRU COLLEGE OF NURSING

PANAYUR (PO), VANIYAMKULAM, OTTAPALAM, PALAKKAD - 679 522

## STUDENTS LIST - 2016-2020 BATCH

Sl. No	Name	Attendance
1	ABHIMANYU.D	Present
2	AJITH.R	Present
3	AKHILA.A	Present
4	AKHILA.M	Present
5	ANJALI KRISHNA C	Present
6	ANJANA M S	Present
7	ANJU BABU	Present
8	ANU MOL YACOB	Present
9	ARDRA.M	Present
10	ARYA MATHAI	Present
11	ATHIRA.P.A	Present
12	BINDHIYA BENNY	Present
13	DENIYA GHILBI	Present
14	DIBILA BIJU	Present
15	FATHIMA.T.A	Present
16	GOPIKA.K	Present
17	JESHMA.T.K	Present
18	KRISHNA.K	Present
19	LIBA CHERIAN	Present
20	MARY SALIGA.P.R	Present
21	MUHAMMED ARSHED.K.T	Present
22	NEENA CHACKO	Present
23	PRAVEENA PAUL	Present
24	R.V.VYSHNAVI	Present
25	SARANYA.C.S	Present
26	SARANYA.V	Present
27	SHABANA.M.S	Present
28	SHALU VARGHESE	Present
29	SHYMA JOSE	Absent
30	SHYMA.P.SHAJAN	Present
31	SREEJA.S	Present
32	SREELAKSHMI.B	Present
33	SUMI.K.S	Present
34	SUVARNA.M	Present
35	SWATHY.A	Present
36	SWETHA.P.S	Present
37	UMMUSALMA.M.S	Present
38	VANI.V.V	Present



*G. Das*  
PRINCIPAL  
PK DAS COLLEGE OF NURSING  
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OTTAPALAM, PALAKKAD DT  
KERALA - 679522



# of NURSING

PANAYUR (PO), VANIYAMKULAM



## FEED BACK FORM

Name: Balambaloo

Name of the Programme Health Awareness Programme on geriatric Date 11/12/19

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme	✓				
2	Organization of programme		✓			
3	Relevance		✓			
4	Presentatïon		✓			
5	Interactive session	✓				
6	Team work performance		✓			
7	Professional competence within the programme		✓			
8	Usefulness in your future career opportunities			✓		
9	Overall experience in the programme		✓			
10	Information sharing to others		✓			

General comments and Suggestions: Good

Signature: George

Name: George



# of NURSING

PANAYUR (PO), VANIYAMKULAM



## FEED BACK FORM

Name: Rebeera

Name of the Programme Health Awareness Programme on geriatric Date 11/12/19

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme		✓			
2	Organization of programme		✓			
3	Relevance		✓			
4	Presentatïon			✓		
5	Interactive session		✓			
6	Team work performance	✓				
7	Professional competence within the programme		✓			
8	Usefulness in your future career opportunities		✓			
9	Overall experience in the programme	✓				
10	Information sharing to others		✓			

General comments and Suggestions: Good programme

Signature: Rebeera

Name: Rebeera



George

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OTTAPALAM, PALAKKAD DT  
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# HEALTH AWARENESS PROGRAMME ON PUBERTY, MENSTRUAL HYGIENE & PRACTICES FOR ADOLESCENT GIRLS

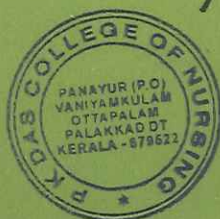


*Date: 24<sup>th</sup> January 2020*

*Time: 10:00 am to 12:00 pm*

*Venue : Govt. HSS  
Koonathara*

*Inauguration & Speaker :*



*Mr. Titus Fernandez*

*Assistant Professor*

*Nehru College of Nursing*

*Green*  
PRINCIPAL  
PKDAS COLLEGE OF NURSING  
PANAYUR (P.O), VANIYAMKULAM  
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KERALA - 679522



## **HEALTH EXHIBITION AND AWARENESS ON PUBERTY AND MENSTRUAL HYGIENE PRACTICES**

Menstrual Hygiene is vital to the empowerment and well-being of women and girls worldwide. It is about more than just access to sanitary pads and appropriate toilets – though those are important. It is also about ensuring women and girls live in an environment that values and supports their ability to manage their menstruation with dignity. To bring awareness around the vital role that good Menstrual Hygiene Management (MHM) plays in empowering women and adolescent girls worldwide to become all that they can be. So the final year students of NEHRU COLLEGE of NURSING has organised a health awareness programme on puberty, menstrual hygiene & practices at Government Higher Secondary School, Koonathara on 24<sup>th</sup> Jan 2020. The programme was organised as lecture cum discussion, PPT presentation & Chart presentation

The topic for the lecture class was as follows

- Anatomy of female reproductive system – Ms. Vani V V
- Physiology of female reproductive system – Ms. Akhila M
- Premenstrual syndrome – Ms. Krishna
- Menstrual hygiene ( good practices ) – Ms. Fathima T A
- Menstrual hygiene ( bad practices & problems ) – Ms. Anjana M S
- Articles used / materials – Ms. Anju Babu

Around 100 students have attended the class. The class included lecture cum discussion, PPT presentation, & chart presentation. There was good interaction from the students. They clarified much of their doubts. The class was very much effective & got greater appreciation from the school authorities & students.



*G. S. M.*  
**PRINCIPAL  
PK DAS COLLEGE OF NURSING  
PANAYUR (P.O), VANIYAMKULAM  
OTTAPALAM, PALAKKAD DT  
KERALA - 679522**

*P. R. R.*  
Principal



# NEHRU COLLEGE of NURSING



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*G. Sux*  
PRINCIPAL  
PK DAS COLLEGE OF NURSING  
PANAYUR (P.O), VANIYAMKULAM  
- OTTAPALAM, PALAKKAD DT  
KERALA - 679522

*R. R. R.*

# NEHRU COLLEGE OF NURSING

PANAYUR (PO), VANIYAMKULAM, OTTAPALAM, PALAKKAD - 679 522

## STUDENTS LIST - 2016-2020 BATCH

Sl. No	Name	Attendance
1	ABHIMANYU.D	Present
2	AJITH.R	Present
3	AKHILA.A	Absent
4	AKHILA.M	Present
5	ANJALI KRISHNA C	Present
6	ANJANA M S	Present
7	ANJU BABU	Present
8	ANU MOL YACOB	Present
9	ARDRA.M	Present
10	ARYA MATHAI	Present
11	ATHIRA.P.A	Present
12	BINDHIYA BENNY	Absent
13	DENIYA GHILBI	Present
14	DIBILA BIJU	Present
15	FATHIMA.T.A	Present
16	GOPIKA.K	Present
17	JESHMA.T.K	Present
18	KRISHNA.K	Present
19	LIBA CHERIAN	Present
20	MARY SALIGA.P.R	Present
21	MUHAMMED ARSHED.K.T	Present
22	NEENA CHACKO	Absent
23	PRAVEENA PAUL	Present
24	R.V.VYSHNAVI	Present
25	SARANYA.C.S	Present
26	SARANYA.V	Present
27	SHABANA.M.S	Present
28	SHALU VARGHESE	Present
29	SHYMA JOSE	Absent
30	SHYMA.P.SHAJAN	Present
31	SREEJA.S	Present
32	SREELAKSHMI.B	Present
33	SUMI.K.S	Present
34	SUVARNA.M	Present
35	SWATHY.A	Present
36	SWETHA.P.S	Present
37	UMMUSALMA.M.S	Present
38	VANI.V.V	Present



*G.P. Sun*  
PRINCIPAL  
P.K.DAS COLLEGE OF NURSING  
PANAYUR (P.O), VANIYAMKULAM  
OTTAPALAM, PALAKKAD DT  
KERALA - 679522

Name: Jessy Peter  
 Name of the Programme: Health exhibition  
 Date: 24/01/2020

**FEED BACK FORM**

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme	✓				
2	Organization of programme	✓				
3	Relevance	✓				
4	Presentation		✓			
5	Interactive session		✓			
6	Team work performance	✓				
7	Professional competence within the programme	✓				
8	Usefulness in your future career opportunities	✓				
9	Overall experience in the programme	✓				
10	Information sharing to others		✓			

General comments and Suggestions: Useful programme  
 Signature: Jessy Peter  
 Name: Jessy Peter

Name: Chippy Muralidharan  
 Name of the Programme: Health exhibition  
 Date: 24/01/2020

**FEED BACK FORM**

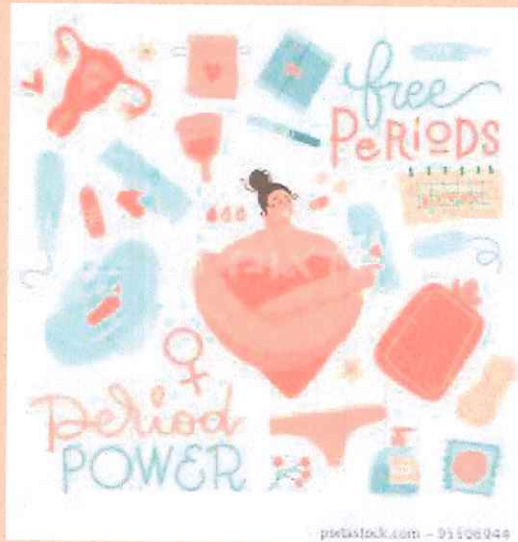
Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme	✓				
2	Organization of programme		✓			
3	Relevance		✓			
4	Presentation	✓				
5	Interactive session	✓				
6	Team work performance		✓			
7	Professional competence within the programme	✓				
8	Usefulness in your future career opportunities		✓			
9	Overall experience in the programme	✓				
10	Information sharing to others	✓				

General comments and Suggestions: Excellent  
 Signature: Chippy Muralidharan  
 Name: Chippy Muralidharan



G.P. Das  
**PRINCIPAL**  
 P.K.DAS COLLEGE OF NURSING  
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 KERALA - 679522

**HEALTH AWARENESS PROGRAMME ON  
Puberty, menstrual hygiene & practices for adolescent  
girls**



**VENUE : A N M M UP SCHOOL THALI  
DATE AND TIME : 21 JANUARY 2020**



*G. Sankar*  
**PRINCIPAL  
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PANAYUR (P.O), VANIAMKULAM  
OTTAPALAM, PALAKKAD DT  
KERALA - 679522**



## HEALTH AWARENESS PROGRAMME

ON

### Puberty, Menstrual Hygiene & Practices for Adolescent Girls

#### At A N M M UP SCHOOL THALI

Menstrual Hygiene is vital to the empowerment and well-being of women and girls worldwide. It is about more than just access to sanitary pads and appropriate toilets – though those are important. It is also about ensuring women and girls live in an environment that values and supports their ability to manage their menstruation with dignity. To bringing awareness around the vital role that good menstrual hygiene management (MHM) plays in empowering women and adolescent girls worldwide to become all that they can be. So the final year students of NEHRU COLLEGE of NURSING has organised a health awareness programme on puberty, menstrual hygiene & practices at A N M M UP School Thali on 21<sup>st</sup> Jan 2020. The programme was organised as lecture cum discussion, PPT presentation & chart presentation

The topic for the lecture class were as follows

- Anatomy of female reproductive system – Ms. Vani V V
- Physiology of female reproductive system – Ms. Akhila M
- Premenstrual syndrome – Ms. Krishna
- Menstrual hygiene ( good practices ) – Ms. Fathima T A
- Menstrual hygiene ( bad practices & problems ) – Ms. Anjana M S
- Articles used / materials – Ms. Anju Babu

Around 50 students & 20 parent representatives have attended the class. The class included lecture cum discussion, PPT presentation and chart presentation. There was good interaction from the students. They clarified much of their doubts. The class was very much effective and got greater appreciation from the school authorities and students.



*G. S. M. V.*  
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*P. R. R. G.*  
Principal.



# NEHRU COLLEGE of NURSING



PANAYUR (P O), VANIYAMKULAM, PALAKKAD - 679 522

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*By Suni*  
PRINCIPAL  
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*G. S. Mani*  
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*[Handwritten signature]*

# NEHRU COLLEGE OF NURSING

PANAYUR (PO), VANIYAMKULAM, OTTAPALAM, PALAKKAD - 679 522

## STUDENTS LIST - 2016-2020 BATCH

Sl. No	Name	Attendance
1	ABHIMANYU.D	Present
2	AJITH.R	Absent
3	AKHILA.A	Present
4	AKHILA.M	Absent
5	ANJALI KRISHNA C	Present
6	ANJANA M S	Present
7	ANJU BABU	Present
8	ANU MOL YACOB	Present
9	ARDRA.M	Present
10	ARYA MATHAI	Present
11	ATHIRA.P.A	Present
12	BINDHIYA BENNY	Present
13	DENIYA GHILBI	Present
14	DIBILA BIJU	Present
15	FATHIMA.T.A	Present
16	GOPIKA.K	Present
17	JESHMA.T.K	Present
18	KRISHNA.K	Present
19	LIBA CHERIAN	Present
20	MARY SALIGA.P.R	Absent
21	MUHAMMED ARSHED.K.T	Present
22	NEENA CHACKO	Present
23	PRAVEENA PAUL	Absent
24	R.V.VYSHNAVI	Present
25	SARANYA.C.S	Present
26	SARANYA.V	Present
27	SHABANA.M.S	Present
28	SHALU VARGHESE	Present
29	SHYMA JOSE	Present
30	SHYMA.P.SHAJAN	Present
31	SREEJA.S	Present
32	SREELAKSHMI.B	Present
33	SUMI.K.S	Present
34	SUVARNA.M	Absent
35	SWATHY.A	Present
36	SWETHA.P.S	Present
37	UMMUSALMA.M.S	Absent
38	VANI.V.V	Present



*G. S. M.*  
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**FEED BACK FORM**

Name: Latha  
Name of the Programme: Health exhibition

Date: 21/01/2020

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme	✓				
2	Organization of programme	✓				
3	Relevance	✓				
4	Presentation	✓				
5	Interactive session		✓			
6	Team work performance		✓			
7	Professional competence within the programme		✓			
8	Usefulness in your future career opportunities	✓				
9	Overall experience in the programme	✓				
10	Information sharing to others	✓				

General comments and Suggestions:

Signature: [Signature]  
Name: Latha

**FEED BACK FORM**

Name: Vangia T.T  
Name of the Programme: Health Exhibition

Date: 21/01/2020

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme	✓				
2	Organization of programme	✓				
3	Relevance	✓				
4	Presentation	✓				
5	Interactive session		✓			
6	Team work performance		✓			
7	Professional competence within the programme	✓				
8	Usefulness in your future career opportunities	✓				
9	Overall experience in the programme		✓			
10	Information sharing to others		✓			

General comments and Suggestions:

Signature: [Signature]  
Name: Vangia T.T



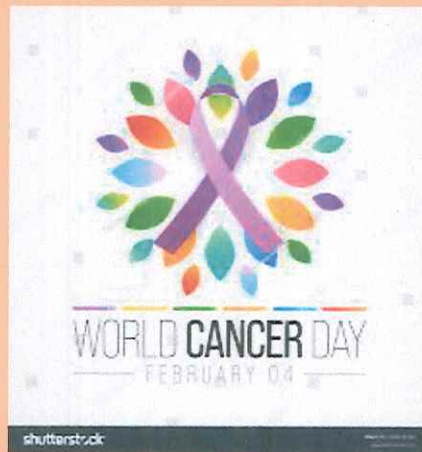
[Signature]  
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**NEHRU COLLEGE**  
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PANAYUR (PO), VANIYAMKULAM



**AWARENESS PROGRAMME**  
**WORLD CANCER DAY**  
**04 FEBRUARY 2020**



**VENUE: PKDAS HOSPITAL**  
**DATE : 04 FEBRUARY 2020**



*G. S. M.*  
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## WORLD CANCER DAY

World Cancer Day is an international day marked on February 4 to raise awareness of cancer and to encourage its prevention, detection, and treatment. World Cancer Day is led by the Union for International Cancer Control (UICC) to support the goals of the World Cancer Declaration. World Cancer Day aims to save millions of preventable deaths each year by raising awareness and education about cancer, and pressing governments and individuals across the world to take action against the disease. The primary goal of World Cancer Day is to significantly reduce illness and death caused by cancer and is an opportunity to rally the international community to end the injustice of preventable suffering from cancer. The day is observed by the United Nations World Cancer Day targets misinformation, raises awareness, and reduces stigma. Multiple initiatives are run on World Cancer Day to show support for those affected by cancer.

### **The theme: 2019 - 2021**

2020 marks the midway point of the 3-year 'I Am and I Will' campaign. 'I Am and I Will' is an empowering call-to-action urging for personal commitment and represents the power of individual action taken now to impact the future. 3<sup>rd</sup> year students of Nehru College of Nursing has conducted a world cancer awareness day on 5<sup>th</sup> of February 2020 at P K DAS Institute of Medical Sciences. The programme was officially started at 10.30 am & was designated by the director of P K Das Institute of Medical Sciences Dr. R C KRISHNA KUMAR. The public was welcomed by Ms. Chelsy Saju, third year B. Sc Nursing student Nehru College of Nursing which was followed by health education & chart presentation on different cancers

The topics for the classes was as follows

- Breast cancer
- Cervical cancer
- Lung cancer
- Stomach cancer
- Prostatic cancer

These topics were discussed by Ms. Jewel Jose, Ms. Anjana Suresh, Ms. Anjana Jolly, Ms. Jesiny Joy, Ms. Akhila K S, Ms. Angel Thomas, Mr. Ashique & Ms. Aswathy Paulose, third year BSc Nursing students of Nehru College Of Nursing.

After the awareness class the public were given questionnaire regarding the feelings & attitude towards cancer (cancer stigma scale) there was a greater participation from the audience for this survey. The hospital authority and the audience gave greater appreciation for the students for their work.



*GSM*  
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*P.S.P*



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*G. S. Ram*  
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*P. R. R.*



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*G. Senthil*

*P. Das*

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*P.R.P*

**NEHRU COLLEGE OF NURSING  
PANAYUR(PO), VANIYAMKULAM**

**ATTENDANCE SHEET**

SL.NO.	NAME	ATTENDANCE
1	Tinzel Jose	Present
2	Anyana Suresh	Present
3	Anyana Jolly	Present
4	Jasini Joy	Present
5	Akhila K.S	Present
6	Angel Thomas	Present
7	Ashique V	Present
8	Aswathi Paulose	
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**KERALA - 679522**

Name: RATHAKRISHNAN FEED BACK FORM

Name of the Programme AWARENESS PROGRAMME Date 04-Feb-2020  
WORLD CANCER DAY

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme					
2	Organization of programme					
3	Relevance					
4	Presentation			✓		
5	Interactive session		✓			
6	Team work performance					
7	Professional competence within the programme	✓				
8	Usefulness in your future career opportunities		✓			
9	Overall experience in the programme			✓		
10	Information sharing to others				✓	

General comments and Suggestions:

Signature: [Signature]  
Name: Rathakrishnan

Name: SASI S FEED BACK FORM

Name of the Programme AWARENESS PROGRAMME Date 04-Feb-2020  
WORLD CANCER DAY

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme					
2	Organization of programme	✓				
3	Relevance		✓			
4	Presentation					
5	Interactive session	✓		✓		
6	Team work performance		✓			
7	Professional competence within the programme	✓		✓		
8	Usefulness in your future career opportunities	✓				
9	Overall experience in the programme	✓				
10	Information sharing to others			✓		

General comments and Suggestions:

Signature: Sasi  
Name: Sasi



[Signature]  
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P.K.D.S. COLLEGE OF NURSING  
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**NEHRU COLLEGE**  
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**PALLIATIVE CARE DAY**  
**15 JANUARY 2020**



**VENUE : AMBALAPPARA GRAMA PANCHAYAT**  
**EVENTS : AWARENESS RALLY**



*G. Suma*  
**PRINCIPAL**  
**PKDAS COLLEGE OF NURSING**  
**PANAYUR (P.O), VANIAMKULAM**  
**OTTAPALAM, PALAKKAD DT**  
**KERALA - 879522**





### Palliative care day – JAN 15<sup>th</sup>

Palliative care is a health care specialty that is both a philosophy of care and an organized, highly structured system for delivering care to persons with life-threatening or debilitating illness from diagnosis till death and then into bereavement care for the family. The goal of palliative care is, therefore, to improve the quality of life of both patients and families by responding to pain and other distressing physical symptoms, as well as to provide nursing care and psycho-social and spiritual support. 138 organizations currently providing hospice and palliative care services in 16 states or union territories. These services are usually concentrated in large cities and regional cancer centers, with the exception of Kerala, where services are more widespread. Home-based palliative care services are becoming increasingly popular with care being taken to the doorstep of the patient

Ambalappara CHC is organising a very well planned working palliative unit. In coordination with Ambalappara Gramapanchayath has conducted palliative care day on **Jan 15<sup>th</sup> 2020**. The final year students of Nehru College of Nursing has got an opportunity to be a part of the health awareness rally conducted at Ambalappara Panchayath on behalf of palliative care day. The rally was started from the community health centre Ambalappara & ended up in the Panchayath Community Hall. **The rally was officially flagged off by the Panchayath President Mr. KUNJAN**. Felicitation address for the rally was done by **Mrs. Latha ( Vice President Ambalappara Grama Panchayath )**, **Mr. Unni (Palliative Care Coordinator )**, **Mrs. Deepa & Mrs. Jincy ( JHI – Ambalappara CHC )**. The rally was carried out by staffs of Community Health Centre & Panchayath office, final year students of Nehru College of Nursing and ASHA workers of Ambalappara Grama Panchayath. Through the placards & slogans related to the palliative care the public got a greater awareness related to the need & activities of palliative care. The rally was a greater success & has got good participation & appreciation from the public



  
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*G. S. S.*  
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*G.S.N*  
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OTTAPALAM, PALAKKAD DT  
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*P.S.K*

# NEHRU COLLEGE OF NURSING

PANAYUR (PO), VANIYAMKULAM, OTTAPALAM, PALAKKAD - 679 522

## STUDENTS LIST - 2016-2020 BATCH

Sl. No	Name	Attendance
1	ABHIMANYU.D	Present
2	AJITH.R	Present
3	AKHILA.A	Present
4	AKHILA.M	Present
5	ANJALI KRISHNA C	Present
6	ANJANA M S	Present
7	ANJU BABU	Present
8	ANU MOL YACOB	Present
9	ARDRA.M	Present
10	ARYA MATHAI	Present
11	ATHIRA.P.A	Present
12	BINDHIYA BENNY	Present
13	DENIYA GHILBI	Present
14	DIBILA BIJU	Present
15	FATHIMA.T.A	Present
16	GOPIKA.K	Present
17	JESHMA.T.K	Present
18	KRISHNA.K	Present
19	LIBA CHERIAN	Present
20	MARY SALIGA.P.R	Present
21	MUHAMMED ARSHED.K.T	Present
22	NEENA CHACKO	Present
23	PRAVEENA PAUL	Present
24	R.V.VYSHNAVI	Present
25	SARANYA.C.S	Present
26	SARANYA.V	Present
27	SHABANA.M.S	Present
28	SHALU VARGHESE	Present
29	SHYMA JOSE	Present
30	SHYMA.P.SHAJAN	Present
31	SREEJA.S	Present
32	SREELAKSHMI.B	Present
33	SUMI.K.S	Present
34	SUVARNA.M	Present
35	SWATHY.A	Present
36	SWETHA.P.S	Present
37	UMMUSALMA.M.S	Present
38	VANI.V.V	Present



G.S.M  
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**FEED BACK FORM**

Name: Dibla Biju

Name of the Programme Palliative Care day Rally

Date 15/1/20

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme					
2	Organization of programme		✓			
3	Relevance	✓				
4	Presentation		✓			
5	Interactive session		✓			
6	Team work performance		✓			
7	Professional competence within the programme			✓		
8	Usefulness in your future career opportunities		✓			
9	Overall experience in the programme	✓				
10	Information sharing to others		✓			

General comments and Suggestions: Good

Signature: [Signature]

Name: Dibla Biju



**FEED BACK FORM**

Name: SHABANA M.S

Name of the Programme PALLIATIVE CARE DAY RALLY

Date 15/1/20

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme					
2	Organization of programme		✓			
3	Relevance	✓				
4	Presentation		✓			
5	Interactive session		✓			
6	Team work performance	✓				
7	Professional competence within the programme		✓			
8	Usefulness in your future career opportunities			✓		
9	Overall experience in the programme		✓			
10	Information sharing to others		✓			

General comments and Suggestions: Good PROGRAMME

Signature: [Signature]

Name: SHABANA M.S.



[Signature]  
**PRINCIPAL**  
PK DAS COLLEGE OF NURSING  
PANAYUR (P.O), VANIYAMKULAM  
OTTAPALAM, PALAKKAD DT  
KERALA - 679522



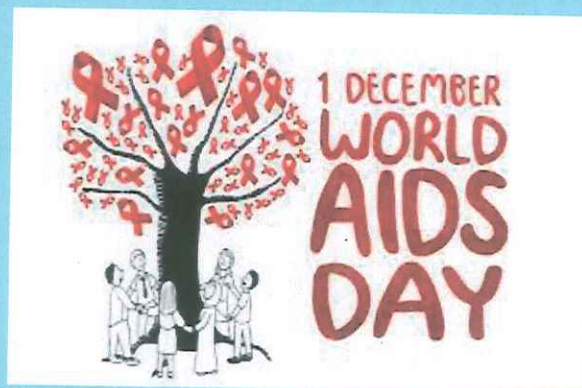
**NEHRU COLLEGE**  
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PANAYUR (PO), VANIYAMKULAM



**WORLD AIDS DAY**

**DECEMBER 1<sup>st</sup> 2019**

**"Ending the HIV/AIDS Epidemic: Community by Community,"**



**AWARENESS RALLY**



*[Signature]*  
**PRINCIPAL**  
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## WORLD AIDS DAY DEC 1<sup>st</sup> 2019

World AIDS Day is taking place on December 1 to raise awareness around HIV and AIDS, and to support the 37.9 million people around the world living with the virus. This year's theme will be "Ending the HIV/AIDS Epidemic: Community by Community." highlighting the role of communities in preventing, treating and supporting people with HIV. AIDS is a chronic disease which is caused by the HIV (Human Immunodeficiency Virus) virus. Due to the disease immune system becomes weak and people are more vulnerable to infections and diseases. It is found in all the tissues of the body but transmitted through the body fluid of an infected person via blood, semen, breast milk, etc. It mainly attacks the T-cells in the immune system. HIV is transmitted through sexual contact, blood transmission, perinatal transmission. Symptoms may include fever, joint pain, muscle aches, sore throat, tiredness, weakness, unintentional weight loss, etc. The main purpose of celebrating World AIDS day every year is to build new and effective policies and programmes to strengthen the systems of health and also to increase the capacity of health sectors towards HIV or AIDS.

The second year students of NEHRU COLLEGE OF NURSING has organised a awareness rally on DEC 1<sup>st</sup> 2019. The rally was officially flagged off by the Principal Prof. Tamil Selvi P. Faculties of NEHRU COLLEGE OF NURSING, Mr. VISHNU ( 2<sup>nd</sup> year class co ordinator ), Mrs. SHERIN THOMAS, Mrs. SRUTHI. C & Ms. SRUTI S accompanied the students in the rally. The rally was started at 10 am from the college premises & covered the Vaniyamkulam central and returned back to college by 12pm. The placard & slogans prepared by the students in the rally was very much effective in creating awareness in the public about HIV.



*G. S. S.*  
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*P. S. S.*



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*P. Das*



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*P. R. R.*

**Nehru college of nursing**  
Panayur p.o, Vaniyamkulam  
ATTENDANCE SHEET

S.No.	Name	Attendance
1	ACHSAH N CHERIAN	Present
2	AKHILA. K	Present
3	ALEN CHERIAN	Present
4	ALOUSIYA RACHEL VARKEY	Present
5	ALPHONSA GEORGE	Present
6	AMAYA	Present
7	ANAGHA MOHAN V	Present
8	ANAGHA SURESHKUMAR	Present
9	ANEENA JOSHY	Present
10	ANGEL ROSE V J	Present
11	ANISHA.M.R	Present
12	ANJALI L	Present
13	ANJANA MARY JOSE	Absent
14	ANJU SAJU	Present
15	ANNU ROSE JOJY	Present
16	ANSIL SHABU	Present
17	ANU A J	Present
18	APARNA A S	Present
19	APARNA S ANILKUMAR	Present
20	ARUN K	Present
21	ASHNA C REJI	Present
22	ASSIYA SIDHIQUE	Present
23	ASWATHI.K.SUDHEER	Absent
24	ATHIRA.M.S	Present
25	AYANA E M	Present
26	BEJEENA ELDHOSE	Present
27	BILGA JOHNSON	Present
28	BITTY BIJU	Present
29	CHANDANA V M	Present
30	CHARUTHA M P	Present
31	CHELSIYA NIXON	Present
32	CHINCHU.C P	Present
33	DIYA ROSE K.J	Present



*P.K. Das*  
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**Nehru college of nursing**  
**Panayur p.o, Vaniyamkulam**

34	DONA ROSE THOMAS	Present
35	EMILI ELSA ABRAHAM	Present
36	GEETHANJALI M K	Present
37	HARITHA GOPINATH	Present
38	HARITHA R NAIR	Present
39	HILDA CHRISTINA MANUEL	Present
40	JITHISHA A	Present
41	JIYA MARY THOMAS	Present
42	JOSNA C JOSEPH	Present
43	KESIYA.P.J	Present
44	KRIPA JOSE	Present
45	MERIN ALIAS	Present
46	MUHAMMED MIDLAJ K T	Present
47	NIRADEVI P B	Absent
48	RIYA MOL K L	Present
49	RIZANI FATHIMA	Present
50	ROHITHA C	Present
51	RONIYA MARIYA BIJUMOL	Present
52	ROSHNI UP	Present
53	SALU K B	Present
54	SANGEETHA.P.D	Present
55	SARANYA P K	Present
56	SNEHA.K	Present
57	SREENA M	Present
58	SRUTHI M S	Present
59	SWETHA K P	Present
60	VISHNU K	Present

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Tamil Nadu





**NEHRU COLLEGE**  
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**SCHOOL HEALTH PROGRAMME  
AT L S N HIGHER SECONDARY SCHOOL**

**HEALTH ASSESSMENT**



**DATE : 07 FEBRUARY 2020**



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## SCHOOL HEALTH PROGRAMME

### INTRODUCTION

The scope of community health nursing is very extensive and community health service have different aspects. Providing community health service to every class or group of the community is the chief aim of community health nursing.

School health service is one of the special community health service that has an important aspects in community development. This aims at package of preventive, promotive and curative health status of the school age children.

By conducting a school health programme it is possible to increase the health level of community and achieve growth in the health of future generation. So this is special which include complex health care and welfare of school children.

The final year B.Sc nursing students of Nehru Collge of Nursing ,Vaniyamkulam conducted a school health programme as a part of the community health nursing requirement. The students were guided by Ms. Sruti S, Nursing Tutor, Nehru College of Nursing , Mrs. Shincy, Nursing Tutor, Nehru College of Nursing & Dr. Sruthi , House Surgeon P K DAS Institute of Medical Science , Dr.Nabeela, House Surgeon, P K DAS Institute of Medical Sciences

The School Health Programme was conducted at L S N Higher Secondary School Ottappalam on 07.02.2020 from 9:00am to 4.00 pm.

### OBJECTIVES

- To identify general health problems among school children
- To awake health consciousness in children
- To identify & treat any abnormalities / defects/ diseases as early as possible
- To identify visual & auditory defects in children
- To identify dental problems in children
- To provide health education on various topics



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- To provide adolescent health services and health education on various topics related to adolescence.
- To impart knowledge regarding different carrier opportunities

## REPORT OF SCHOOL HEALTH PROGRAMME

The planning is necessary because it is the process of thinking about organizing the activity required to achieve a desired goals. For that objectives were formulated.

Five aspects for the school health programme

- Health assessment
- Eye clinic
- Dental clinic
- Health education
- Adolescent health awareness

The aspects of school health programme were discussed with Sr. Alma Maria , Headmistress LSN Lower Primary School , Sr. Dhanya Mariya , Headmistress Lady Immaculate Junior School ,Sr. Alphine , Principal LSN High School. They gave permission to us for conduct the school health programme as per the instruction of school and programme conducted on 07.02.2020 and 08.02.2020 from 9:00am to 4:00pm.

The morning session were doing the health assessment and health education at LSN Lower Primary School and Lady Immaculate Junior School .

There were 37 students. They were divided into two groups as group A and group B . The group A had done the health assessment at LSN LP School and group B had done health assessment at Lady Immaculate Junior School. The assessment were conducted as different sections like anthropometric assessment vital signs , dental check-up , auditory check-up , ophthalmic check-up , general health assessment



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## ANTHROPOMETRIC MEASUREMENTS



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## VITAL SIGNS



## ophthalmic check up



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## DENTAL CHECK UP



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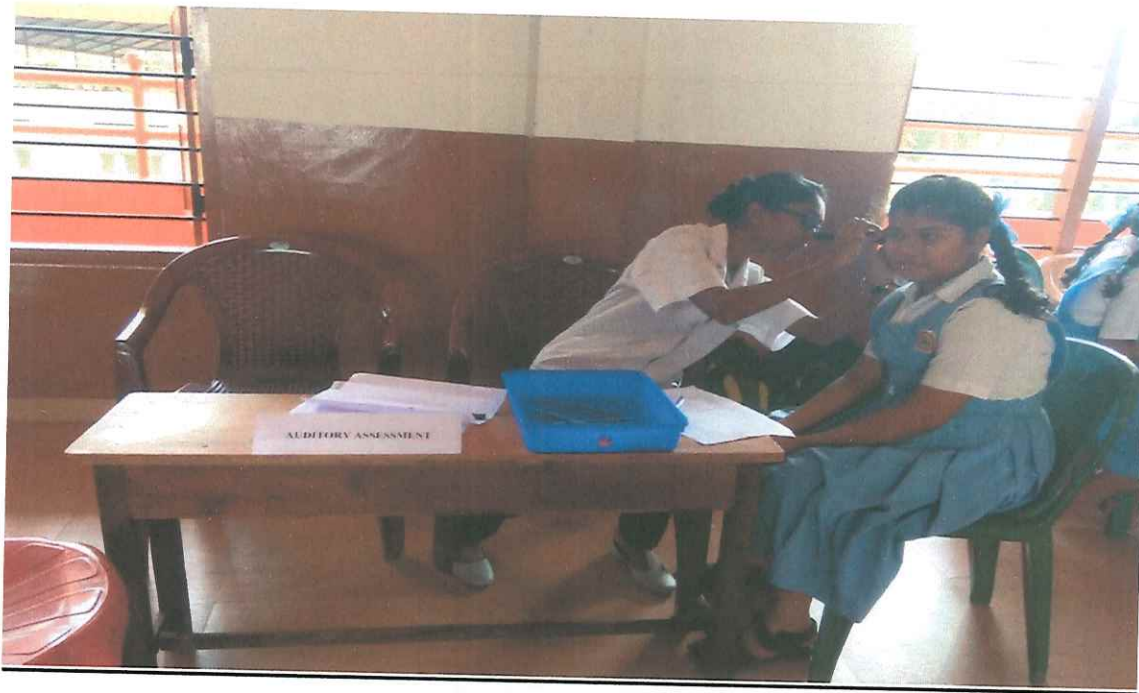
# NEHRU COLLEGE of NURSING



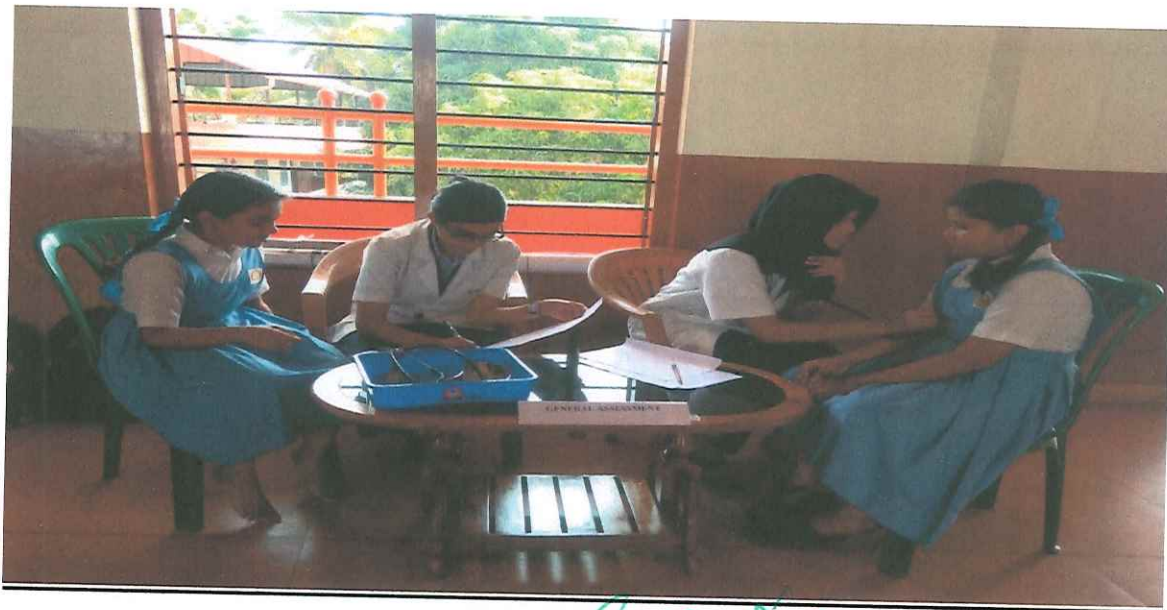
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## AUDITORY CHECK UP



## GENERAL HEALTH ASSESSMENT



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## HEALTH EDUCATION

For creating awareness in school children regarding the general health problems, a session on health education was conducted .

### **The topics discussed**

- Good habits – Ms. Bindhya Benny
- Personal hygiene – Ms. Praveena Paul
- Dental care – Ms. Ummusalma
- Pediculosis – Ms. Shyma P Shajan
- Worm infestation – Ms. Shabana M S
- Balanced diet – Ms. Saranya M S
- Environmental hygiene – Ms. Shyma Jose
- Child abuse – Ms. Mary Saliga



*G. Shyma*  
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## ANALYSIS

School life is the place of physical and mental growth and intensive development of children. By the end of the programme, various analysis were done and the following findings were obtained.

In Lady Immaculate Junior School, the assessment were mainly carried out on 60 students from 4<sup>th</sup> standard.

**Table 1: Percentage distribution of common health problems in Lady Immaculate Junior School**

Sl no	Health problems	Percentage
1	Under weight	76.6
2	Sinusitis	1.6
3	Dental carries	41.6
4	Throat infection	20
5	Cough	11.6
6	Deviated nasal septum	3.3



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7	Dust allergy	10
8	Latex allergy	3.3
9	Visual problems	11.6
10	Migraine	1.6
11	Food allergy	1.6
12	Lymph node enlargement ( neck )	1.6

**Inference:** On the basis of Table 1 the most common affected problem is underweight & dental carries. Among 60 students 76.6 % students are underweight & 41.6 % students are with dental carries. The main reason behind poor dental hygiene is lack of knowledge about the proper brushing techniques. In LSN Lower Primary School the assessment were carried out on 87 students from 1<sup>st</sup> standard & 106 students from 2<sup>nd</sup> standard.

**Table 2 : Frequency distribution of common health problems in LSN LP School**

Sl no	Health problems	Percentage
1	Pallor eye	1
2	Common cold	4
3	Dental carries	36
4	Throat infection	1
5	Visual problem	1.5
6	Thyroid enlargement	1
7	Tongue tie	1

**Inference:** On Table 2 the common health problem found were dental carries & common cold. Among 193 students 36 % is having dental carries & 4 % is affected with common cold



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## ADOLESCENT HEALTH EDUCATION & SERVICES

Health awareness classes were taken for the adolescent girls on the following topics

### The topics discussed were

- Physiological changes & health issues of adolescent – Ms. Ardra
- Reproductive health – Ms. Anjana M S
- Menstrual hygiene – Ms. Fathima
- Anaemia – Ms. Deniya
- Obesity – Ms. Anjali
- Hazards of fast foods – Mr. Mohammed Arshad
- Diet in adolescent – Ms. Suvarna
- Influence of social media in life- Ms. Swathy
- Psychological issues & it's management in adolescents – Ms. Jeshma
- Substance abuse – Ms. Akhila A
- Sexual abuse – Ms. Krishna
- National health programmes for adolescents – Mr. Abhimanyu



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## CAREER GUIDANCE

The career guidance session was arranged for the students in the school health education programme.



## EVALUATION

Evaluation is the final step which helped as to identify the effectiveness of the programme for the easy evaluation. For the easy evaluation we divided into school evaluation and self evaluation.

## SCHOOL EVALUATION

The programme was grand successful and was effective for all students. The cooperation from the school and authority were good. And also got good support from the teachers and students in the Nehru college of nursing.



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## SELF EVALUATION

After the programme we made an analysis regarding each steps that is from the beginning to end. After the over all analyzing it gave a good result to us.

## CONCLUSION

School is an institution designed to provide learning space for students and learning environment for teachers. Under the direction of faculties, students is the learners or someone who attend the educational students are maximum interested to attain knowledge of reading witting calculation etc.

Other than these activities a comprehensive health programme is needed to provide the children in lower primary school itself. The middle year of childhood are extremely sensitive times for a number of health issues, especially when it comes to adopting health behavior that can have life long consequences. Because of these reason, the school health programme plays an important role in community health nursing.

*P. S. S. S.*

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## STUDENTS LIST - 2016-2020 BATCH

Sl. No	Name	Attendance
1	ABHIMANYU.D	Present
2	AJITH.R	Present
3	AKHILA.A	Present
4	AKHILA.M	Present
5	ANJALI KRISHNA C	Present
6	ANJANA M S	Present
7	ANJU BABU	Present
8	ANU MOL YACOB	Present
9	ARDRA.M	Present
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36	SWETHA.P.S	Present
37	UMMUSALMA.M.S	Present
38	VANI.V.V	Present

*G. Srinivas*  
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Name: Aswathi S

Name of the Programme School Health Programme

Date 7/8/20

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme	✓				
2	Organization of programme		✓			
3	Relevance		✓			
4	Presentation		✓			
5	Interactive session		✓			
6	Team work performance		✓			
7	Professional competence within the programme	✓				
8	Usefulness in your future career opportunities		✓			
9	Overall experience in the programme	✓				
10	Information sharing to others	✓	✓			

General comments and Suggestions:

Signature: Aswathi S  
 Name: Aswathi S

Name: Lakshmi K

Name of the Programme School Health Programme

Date 7/8/20

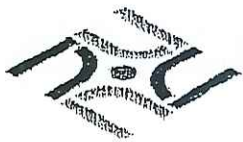
Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme					
2	Organization of programme					
3	Relevance		✓	✓		
4	Presentation		✓	✓		
5	Interactive session			✓		
6	Team work performance		✓			
7	Professional competence within the programme		✓			
8	Usefulness in your future career opportunities			✓		
9	Overall experience in the programme			✓		
10	Information sharing to others		✓			

General comments and Suggestions:

Signature: Lakshmi K  
 Name: Lakshmi K



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Since 1988

## FEED BACK FORM

Name: Akhila

Date: 1/12/19

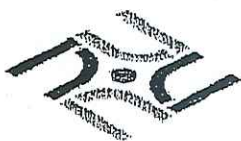
Name of the Programme: World Aids Day Awareness Rally

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme	✓				
2	Organization of programme		✓			
3	Relevance			✓		
4	Presentation		✓			
5	Interactive session			✓		
6	Team work performance			✓		
7	Professional competence within the programme		✓			
8	Usefulness in your future career opportunities		✓			
9	Overall experience in the programme			✓		
10	Information sharing to others		✓			

General comments and Suggestions: Good Programme

Signature: Akhila

Name: Akhila



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## FEED BACK FORM

Name: ALEN...CHERIAN

Date: 1/12/2019

Name of the Programme: WORLD AIDS DAY AWARENESS RALLY

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme		✓			
2	Organization of programme	✓				
3	Relevance		✓			
4	Presentation		✓			
5	Interactive session			✓		
6	Team work performance		✓			
7	Professional competence within the programme		✓			
8	Usefulness in your future career opportunities			✓		
9	Overall experience in the programme			✓		
10	Information sharing to others		✓			

General comments and Suggestions: Good

Signature: ALEN

Name: ALEN



G. S. S. S.  
PRINCIPAL

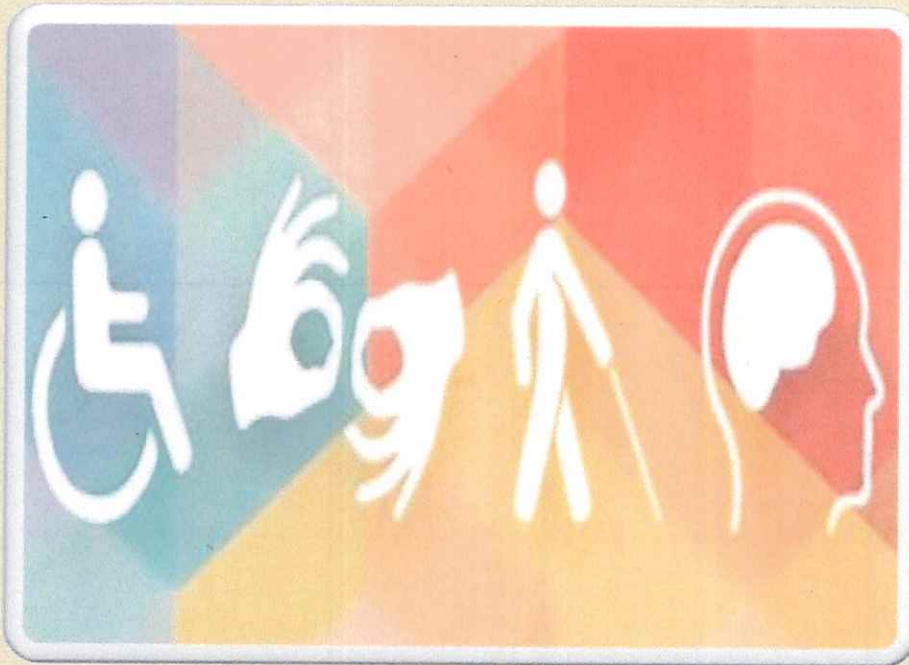
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# DISABILITY AWARENESS CAMPAIGN



*Time: 10 am*

*Date: 03/12/2019*

*Venue: Ambalappaara, Central Bus stand*



*PKDAS*  
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# INTERNATIONAL DAY OF PERSONS WITH DISABILITIES DEC 3<sup>rd</sup> 2019

The International Day of Persons with Disabilities (IDPD) has been annually observed on **3 December** around the world. The theme for this 2019 IDPD is '**PROMOTING THE PARTICIPATION OF PERSONS WITH DISABILITIES AND THEIR LEADERSHIP**'. The theme focuses on the empowerment of persons with disabilities for inclusive, equitable and sustainable development which pledges to 'leave no one behind' and recognizes disability as a cross-cutting issues, to be considered in the implementation of its Sustainable Development Goals

The 4<sup>th</sup> year BSc Nursing students of NEHRU COLLEGE OF NURSING has organised a health awareness programme (street play) at the community health centre Ambalappara & Ambalappara central bus stop on the international disability day on DEC 3<sup>rd</sup> 2019. The street play was started around 10am with a flash mob. The main focus on the street play was to create awareness among the public that the future is accessible to the persons with disabilities. Through the street play different government welfare programmes for the disabled was introduced to the public that they are able to deliver the awareness to the public that the persons with disabilities can lead a better life & dream for a better future as normal people.


The programme was very much effective in imparting the theme of the international day of persons with disabilities that '**promoting the participation of persons with disabilities and their leadership**'



  
Signature of principal  
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*G. S. S.*  
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**FEED BACK FORM**

Name: Shankaran

Date: 03/12/2019

Name of the Programme DISABILITY AWARENESS PROGRAMME

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme					
2	Organization of programme					
3	Relevance			✓		
4	Presentation	✓				
5	Interactive session		✓			
6	Team work performance			✓		
7	Professional competence within the programme	✓	✓			
8	Usefulness in your future career opportunities	✓				
9	Overall experience in the programme		✓			
10	Information sharing to others	✓		✓		

General comments and Suggestions:

Signature: [Signature]  
Name: Shankaran



**FEED BACK FORM**

Name: Dhinuza

Date: 3.12.2019

Name of the Programme DISABILITY AWARENESS PROGRAMME

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme					
2	Organization of programme	✓				
3	Relevance		✓			
4	Presentation			✓		
5	Interactive session		✓			
6	Team work performance	✓				
7	Professional competence within the programme	✓				
8	Usefulness in your future career opportunities		✓			
9	Overall experience in the programme			✓		
10	Information sharing to others	✓	✓			

General comments and Suggestions:

Signature: [Signature]  
Name: Dhinuza



[Signature]  
**PRINCIPAL**  
P.K.D.S. COLLEGE OF NURSING  
PANAYUR (P.O.), VANIYAMKULAM  
OTTAPALAM, PALAKKAD DT  
KERALA - 679522

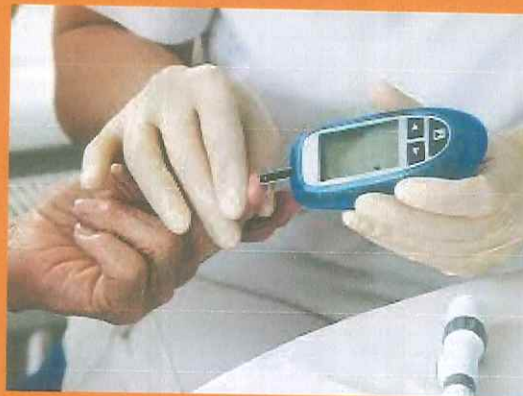


**NEHRU COLLEGE**  
*of* **NURSING**



## INTERNATIONAL DIABETIC DAY

**14 NOVEMBER 2019**



**VENUE: AMBALAPPARA COMMUNITY  
HEALTH CENTRE**  
**EVENTS: General assessment and blood  
glucose monitoring**  
**Health awareness role play**



*G. Das*  
**PRINCIPAL**  
**PK DAS COLLEGE OF NURSING**  
**PANAYUR (P.O), VANIYANKULAM**  
**OTTAPALAM, PALAKKAD DT**  
**KERALA - 679522**

## INTERNATIONAL DIABETIC DAY

(NOV 14<sup>th</sup> 2019)

Over 425 million people are currently living with diabetes. Most of these cases are type 2 diabetes. 1 in 2 people currently living with diabetes is undiagnosed. Early diagnosis and treatment are key to prevent the complications of diabetes and achieve healthy outcomes. All families are potentially affected by diabetes and so awareness of the signs, symptoms and risk factors for all types of diabetes are vital to help detect it early. The theme for **diabetes awareness month and World Diabetes Day 2019** is **Family and Diabetes**. Families are urged to learn more about the warning signs of diabetes and find out their risk of type 2 diabetes. Research conducted by IDF in 2018 discovered that parents would struggle to spot this serious life-long condition in their own children. Despite the majority of people surveyed having a family member with diabetes, an alarming four-in-five parents would have trouble recognising the warning signs. One-in-three wouldn't spot them at all. The findings underline the need for education and awareness to help people spot the diabetes warning signs early.

The 5<sup>th</sup> batch of Nehru College of nursing has organised the world diabetic day in **collaboration with Ambalappara Community health centre**. The programme was conducted along with **the NCD clinic on ( 16<sup>th</sup> Nov 2019 )** the programme was started at 9am & was officially delegated by **the medical officer Mr. MUHAMMED ASHRAF ( CHC Ambalappara ) , health supervisor Mr. AJAYKUMAR . M ( CHC Ambalappara )**. Around 50 – 60 members were assembled for the programme. Along with the staffs in CHC the students have done the general assessment & blood glucose monitoring of the patients. After that **Mrs. SREELATHA public health nurse of CHC Ambalappara** have given a class regarding early signs & symptoms & importance of early diagnosis & treatment of diabetes. It was followed by health awareness role play **about the theme FAMILY & DIABETES**. The role play was very effective in delivering the the theme & create awareness among the gathering regarding the early signs & symptoms , diagnosis , management & complications of diabetes . after that the official programme was concluded & the patients went for the medical check up students have made active participation for that along with the medical officer & team

Signature of subject coordinator

signature of principal



*G.P.S.H.M.*  
PRINCIPAL  
PK DAS COLLEGE OF NURSING  
PANAYUR (P.O), VANIYAMKULAM  
OTTAPALAM, PALAKKAD DT  
KERALA - 679522



World diabetes day Nov 14<sup>th</sup> 2019



*P. K. Das*  
**PRINCIPAL**  
**P. K. DAS COLLEGE OF NURSING**  
**PANAYUR (P.O), VANIAMKULAM**  
**OTTAPALAM, PALAKKAD DT**  
**KERALA - 679522**

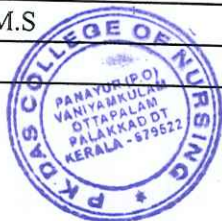
*P. K. Das*

# NEHRU COLLEGE OF NURSING

PANAYUR (PO), VANIYAMKULAM, OTTAPALAM, PALAKKAD - 679 522

## STUDENTS LIST - 2016-2020 BATCH

Sl. No	Name	Attendance
1	ABHIMANYU.D	Present
2	AJITH.R	Present
3	AKHILA.A	Present
4	AKHILA.M	Present
5	ANJALI KRISHNA C	Present
6	ANJANA M S	Present
7	ANJU BABU	Present
8	ANU MOL YACOB	Present
9	ARDRA.M	Present
10	ARYA MATHAI	Present
11	ATHIRA.P.A	Present
12	BINDHIYA BENNY	Present
13	DENIYA GHILBI	Present
14	DIBILA BIJU	Present
15	FATHIMA.T.A	Present
16	GOPIKA.K	Present
17	JESHMA.T.K	Present
18	KRISHNA.K	Present
19	LIBA CHERIAN	Present
20	MARY SALIGA.P.R	Present
21	MUHAMMED ARSHED.K.T	Present
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23	PRAVEENA PAUL	Present
24	R.V.VYSHNAVI	Present
25	SARANYA.C.S	Present
26	SARANYA.V	Present
27	SHABANA.M.S	Present
28	SHALU VARGHESE	Absent
29	SHYMA JOSE	Present
30	SHYMA.P.SHAJAN	Present
31	SREEJA.S	Present
32	SREELAKSHMI.B	Present
33	SUMI.K.S	Present
34	SUVARNA.M	Present
35	SWATHY.A	Present
36	SWETHA.P.S	Present
37	UMMUSALMA.M.S	Present
38	VANI.V.V	Present



*G.S.V.*  
PRINCIPAL  
PK DAS COLLEGE OF NURSING  
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OTTAPALAM, PALAKKAD DT  
KERALA - 679522



# of COLLEGE OF NURSING

PANAYUR (PO), VANIYAMKULAM



## FEED BACK FORM

Name: Philomina P.V.

Date: 14-09-23

Name of the Programme: World Diabetes Day

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme			✓		
2	Organization of programme					
3	Relevance					
4	Presentation		✓			✓
5	Interactive session					
6	Team work performance					✓
7	Professional competence within the programme			✓		
8	Usefulness in your future career opportunities			✓		
9	Overall experience in the programme				✓	
10	Information sharing to others			✓	✓	✓

General comments and Suggestions:

Signature:

Name: Philomina



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 OTTAPALAM, PALAKKAD DT  
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# of NEHRU COLLEGE OF NURSING

PANAYUR (PO), VANIYAMKULAM



## FEED BACK FORM

Name: Harunnisa L

Date: 14-11-23

Name of the Programme: World Diabetes Day

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme				✓	
2	Organization of programme					
3	Relevance					
4	Presentation			✓	✓	
5	Interactive session				✓	
6	Team work performance		✓			
7	Professional competence within the programme	✓	✓			
8	Usefulness in your future career opportunities	✓	✓			
9	Overall experience in the programme	✓				
10	Information sharing to others	✓	✓			

General comments and Suggestions:

Signature:

Name: Harunnisa



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**NEHRU COLLEGE**  
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**PALLIATIVE CARE SERVICES**



**VENUE : Primary health centre Vaniyamkulam & Community  
health centre Ambalappara**

**TIME : 9 AM**



*G. S. S.*  
**PRINCIPAL**  
**PK DAS COLLEGE OF NURSING**  
**PANAYUR (P.O), VANIAMKULAM**  
**OTTAPALAM, PALAKKAD DT**  
**KERALA - 679522**



**PALLIATIVE CARE SERVICES PROVIDED AT PRIMARY  
HEALTH CENTRE VANIYAMKULAM & COMMUNITY  
HEALTH CENTRE AMBALAPPARA**

Palliative care is an approach that improves the quality of life of patients and their families facing the problem associated with life-threatening illness, through the prevention and relief of suffering by means of early identification and impeccable assessment and treatment of pain and other problems, physical, psychosocial and spiritual. Palliative care is provided by a team of doctors, nurses and other specially trained people.

The 4<sup>th</sup> year BSc nursing students of Nehru College of nursing has got an opportunity to be a part of the palliative care services during their community health nursing II posting. The students were accompanied the palliative care team members during their home visit. Most common conditions of the patients were stroke, CKD , cancer , COPD , complications of DM & hypertension. Along with the staff the students have provided sufficient care like catheterization & catheter care, Ryle's tube insertion, dressing, mouth care etc to the patients at their home. As a part of the palliative care the health care units are providing supportive devices to the patients like air & water mattresses , commode & urinal

**PRIMARY HEALTH CENTRE VANIYAMKULAM**

Vaniyamkulam primary health centre is conducting their palliative clinic on Monday , Wednesday & Saturday of every week 12/11/2019 to 10/12/2019. The palliative care team members include

- Mrs. KAIRALI ( palliative nurse PHC Vaniyamkulam )
- Mrs. USHA ( Junior Public Health Nurse )
- A team of ASHA WORKRRS ( 25Members )



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# NEHRU COLLEGE of NURSING



PANAYUR (P O), VANIYAMKULAM, PALAKKAD - 679 522

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*G. S. M.*  
*P. R. R.*  
PRINCIPAL  
PK DAS COLLEGE OF NURSING  
PANAYUR (P.O), VANIYAMKULAM  
OTTAPALAM, PALAKKAD DT  
KERALA - 679522

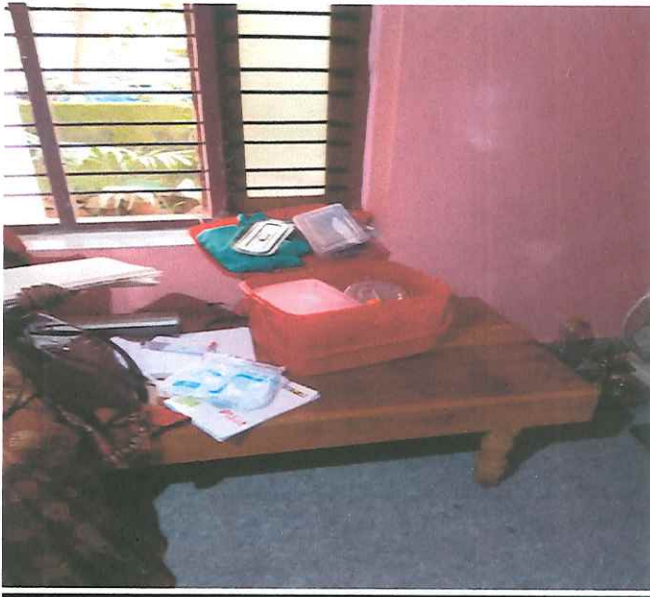


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*G. S. M.*  
PRINCIPAL

*P. S. S.*  
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**COMMUNITY HEALTH CENTRE AMBALAPPARA**

Ambalappara community health centre is conducting their palliative OPD on every Thursdays in a week & home visit is planned as 2 units. **The primary unit** includes completely bed ridden patients for them the complete care is providing in their home during the home visit. The home visit is planned for **4 days in a week**. Team members include **Mrs. Pankajam ( palliative nurse CHC Ambalappara ) & a team of skilled ASHA workers**. There are 16 families in this primary unit

**The secondary unit includes** the rehabilitative patients. The team members of secondary unit include **Mrs. Soumya ( palliative nurse ) , team of skilled ASHA workers , & physiotherapist**. They go for home visit in **3 days in a week**. There are 12 home cares in secondary unit.

**DETAILS OF BENEFICIARIES**

slno	Nominal Reg.NO	1 <sup>st</sup> home care date	Name & address of patient with contact number	Ward & area	Age & sex	Diagnosis	Procedure	Home care plan
1	1/18	11/04/18	Vijayakumari Kodumkattil, vengassery 8086184935	8 venga ssery	52/ F	CA breast Lymphoedema	Lymphedema	1/4
2	2/18	11/04/18	Manuprasad Kodumkattil, vengassery	8 venga ssery	27/ M	Paraplegia	Physiotherapy	1/4
3	9/18	7/5/18	Sunilkumar Karamparambil, chunagad	20 Chuna gad	37/ M	Paraplegia	Catheterized , physiotherapy	1/4
4	23/18	09/05/18	Ayyappan Puthanpuraykkal, puliylchodu, chunangad	17 chuna gad	67/ M	CA rectum		1/4



*G. S. M.*  
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# NEHRU COLLEGE of NURSING

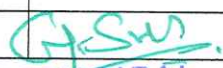


PANAYUR (P O), VANIYAMKULAM, PALAKKAD - 679 522

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			7558031148					
5	24/18	11/05/18	Sasidharan Cholayilchunagad ,ambalappara	15 chuna gad	62/ M	CA rectum	Colostomy care	1/4
6	25/18	14/5/18	Sathyabhama Choolppatta, ambalappara 9048479309	15/ch orump ayam	65/ F	CA Breast		1/4
7	26/18	14/5/18	Radha Karukunjath ,punjappadaththodi	3/arav akkad	35/ F	CA breast		1/4
8	33/18	25/5/18	Janu karinkarakunnu	6/ amlap para	52/ F	CA breast		1/4
9	34/18	25/5/18	Santhakumari Pullanikkal house	6/kda mbur	64/ F	CA tongue	Mouth care	1/4
10	37/18	8/6/18	Vesha Thavaputtuparambil	25/ch unaad	64/ F	CA breast	Lymph adenoma care	1/4
11	40/18	11/6/18	Nanikutty Vengallur	17/ma yilum puram	61/ F	CA breast		
12	45/18	9/7/18	Sulaiman k Kunnath house	19/ch unang ad	57/ M	CKD	Peritoneal dialysis	1/4
13	47/18	25/7/18	Aboobakkar kottuparambu	15/pal appur am	84/ M	Old age	SPC Catherercare physiotherapy	1/4
14	53/18	7/9/18	Saradha Puthanpuraykkal	3/amb alappa ra	56/ F	CA stomach		1/8
15	61/18	5/10/18	Devaki Pulikkalparambil	8/vega ssery	63/ F	CKD		1/4
16	62/18	7/11/18	Cherona Thirandikkal house	12/am balapp ara	40/ F	CA Buccal mucosa	Mouth care	1/4
17	63/18	10/11/18	Nabeesa	4/kada	60/ F	CA breast		1/8



  
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			Changikkal, kadambur	mbur	F			
18	64/18	10/11/18	Pamavathy Cholandil house	20/on namm ayil	60/ F	CA breast		1/8
19	68/18	30/11/18	Vasudhevan varaparambil	6/ cheru mund asserri	51/ M	CA prostate		1/4
20	69/18	30/11/18	Thankam chembanthodi	5/kada mbur	61/ F	CA breast		1/8
21	72/18	19/12/18	Jayasankar Kizhakkekarathodi	1/mell ur	47/ M	CA Buccal mucosa		1/8
22	73/18	19/12/18	Ramachandran Punnaykkalpalliyil	1/mell ur	62/ M	Graft leg wound	Dressing	1/4
23	75/18	23/3/19	Nanaikutty chukkumoochikkal	3/mell ur	53/ F	CA cervix		1/8
24	76/18	28/12/18	Vasu Narayaruvettupadi	18/pla thara	66/ M	CA mouth	Mouth care	1/4
25	78/18	11/1/19	Abdulasak Pazhamakulam h	13/mu rukku mpatt a	64/ M	CKD		1/8
26	77/18	31/12/18	Girija Pathiyil H	10/ cheru mund assery	54/ F	CA cervix		1/4
27	46/16	11/7.18	Alavi Kaylakal H chunangad	12/ch unaga d	52/ m	CKD		1/8
28	79/19	21/1/19	Gangadharan padijakkara	3/arav akkad	53/ M	CA tongue	Mouth care	1/4
29	27/18	15/4/18	Bindhu Korakandathil H	3/arav akkad	45/ F	CA breast		1/8
30	85/19	10/4/19	Sukumaran karuvathurathil	4/kan naman galam	64/ M	Tracheostomy	Tracheostomy care	1/4



*G. S. S.*  
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OTTAPALAM, PALAKKAD DT  
KERALA - 679522


# NEHRU COLLEGE OF NURSING

PANAYUR (PO), VANIYAMKULAM, OTTAPALAM, PALAKKAD - 679 522

## STUDENTS LIST - 2016-2020 BATCH

Sl. No	Name	Attendance
1	ABHIMANYU.D	Present
2	AJITH.R	Present
3	AKHILA.A	Present
4	AKHILA.M	Present
5	ANJALI KRISHNA C	Present
6	ANJANA M S	Present
7	ANJU BABU	Present
8	ANU MOL YACOB	Present
9	ARDRA.M	Present
10	ARYA MATHAI	Absent
11	ATHIRA.P.A	Present
12	BINDHIYA BENNY	Present
13	DENIYA GHILBI	Present
14	DIBILA BIJU	Present
15	FATHIMA.T.A	Present
16	GOPIKA.K	Present
17	JESHMA.T.K	Present
18	KRISHNA.K	Present
19	LIBA CHERIAN	Present
20	MARY SALIGA.P.R	Present
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37	UMMUSALMA.M.S	Present
38	VANI.V.V	Present



  
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PANAYUR (PO), VANIYAMKULAM



Since 1968

## FEED BACK FORM

Name: ..... SOMAN. S .....

Date .. 12-11-2019 .....

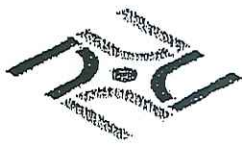
Name of the Programme PALLIATIVE CARE SERVICES

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme	✓				
2	Organization of programme		✓			
3	Relevance			✓		
4	Presentation	✓				
5	Interactive session		✓			
6	Team work performance			✓		
7	Professional competence within the programme	✓				
8	Usefulness in your future career opportunities		✓			
9	Overall experience in the programme			✓		
10	Information sharing to others	✓				

General comments and Suggestions:

Signature: Soman

Name: Soman



# NEHRU COLLEGE of NURSING

PANAYUR (PO), VANIYAMKULAM



Since 1968

## FEED BACK FORM

Name: ..... THANGAMANI. KUMAR .....

Date .. 12-11-2019 .....

Name of the Programme PALLIATIVE CARE SERVICES

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme	✓				
2	Organization of programme		✓			
3	Relevance	✓				
4	Presentation		✓			
5	Interactive session	✓				
6	Team work performance					
7	Professional competence within the programme			✓		
8	Usefulness in your future career opportunities			✓		
9	Overall experience in the programme					
10	Information sharing to others	✓				

General comments and Suggestions:

Signature: Thangamani

Name: Thangamani



Principal

PRINCIPAL  
P K DAS COLLEGE OF NURSING  
PANAYUR (P.O), VANIYAMKULAM  
OTTAPALAM, PALAKKAD DT  
KERALA - 679522



**NEHRU COLLEGE**  
*of* **NURSING**



**ADOLESCENT HEALTH EDUCATION &  
SERVICES**



**VENUE :LSN HIGH SCHOOL**

**DATE AND TIME : 07/02/2020**

**9AM TO 4 PM**



*G. S. S.*  
**PRINCIPAL**  
**P K DAS COLLEGE OF NURSING**  
**PANAYUR (P.O), VANIAMKULAM**  
**OTTAPALAM, PALAKKAD DT**  
**KERALA - 679522**



## **ADOLESCENT HEALTH EDUCATION & SERVICES**

The aspects of school health programme were discussed with Sr. Alma Maria , Headmistress LSN LP School , Sr. Dhanya Mariya , Headmistress Lady Immaculate Junior School ,Sr. Alphine , Principal LSN High School. They gave permission to us for conduct the school health programme as per the instruction of school and programme was conducted on 07.02.2020 from 9:00am to 4:00pm. The morning session was utilized for the health assessment & health education at LSN LP School & Lady Immaculate Junior School . There were 37 students. They were divided into two groups A & B . The group A had done the health assessment at LSN LP School & group B had done health assessment at Lady Immaculate Junior School. The assessment were conducted as different sections like anthropometric assessment vital signs , dental check-up , auditory check-up , ophthalmic check-up , general health assessment

Along with the SCHOOL HEALTH PRORAMME in the after noon session health education programme was conducted for the high school students regarding adolescent health.

Health awareness classes were taken for the adolescent girls on the following topics

### **The topics discussed were**

- Physiological changes & health issues of adolescent – Ms. Ardra
- Reproductive health – Ms. Anjana M S
- Menstrual hygiene – Ms. Fathima
- Anaemia – Ms. Deniya
- Obesity – Ms. Anjali
- Hazards of fast foods – Mr. Mohammed Arshad
- Diet in adolescent – Ms. Suvarna
- Influence of social media in life- Ms. Swathy
- Psychological issues & it's management in adolescents – Ms. Jeshma
- Substance abuse – Ms. Akhila A



*G.S.M.*  
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*P.S.P.*



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- Sexual abuse – Ms. Krishna
- National health programmes for adolescents – Mr. Abhimanyu



*G. Sun*  
PRINCIPAL  
P.K.D.S. COLLEGE OF NURSING  
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OTTAPALAM, PALAKKAD DT  
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*R.R.P.*

PRINCIPAL

# NEHRU COLLEGE OF NURSING

PANAYUR (PO), VANIAMKULAM, OTTAPALAM, PALAKKAD - 679 522

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9	ARDRA.M	Present
10	ARYA MATHAI	Present
11	ATHIRA.P.A	Present
12	BINDHIYA BENNY	Present
13	DENIYA GHILBI	Present
14	DIBILA BIJU	Present
15	FATHIMA.T.A	Present
16	GOPIKA.K	Present
17	JESHMA.T.K	Present
18	KRISHNA.K	Present
19	LIBA CHERIAN	Present
20	MARY SALIGA.P.R	Present
21	MUHAMMED ARSHED.K.T	Present
22	NEENA CHACKO	Present
23	PRAVEENA PAUL	Present
24	R.V.VYSHNAVI	Present
25	SARANYA.C.S	Present
26	SARANYA.V	Present
27	SHABANA.M.S	Present
28	SHALU VARGHESE	Present
29	SHYMA JOSE	Present
30	SHYMA.P.SHAJAN	Present
31	SREEJA.S	Present
32	SREELAKSHMI.B	Present
33	SUMI.K.S	Present
34	SUVARNA.M	Present
35	SWATHY.A	Present
36	SWETHA.P.S	Present
37	UMMUSALMA.M.S	Present
38	VANI.V.V	Present



*G.S.W.*  
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KERALA - 679522

Name: Ajith R

Date: 7/2/20

Name of the Programme: Adolescent health Education

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme					
2	Organization of programme		✓			
3	Relevance			✓		
4	Presentation		✓			
5	Interactive session		✓			
6	Team work performance		✓			
7	Professional competence within the programme			✓		
8	Usefulness in your future career opportunities		✓			
9	Overall experience in the programme		✓			
10	Information sharing to others			✓		

General comments and Suggestions: Good

Signature: [Signature]  
 Name: Ajith R

Name: Saranya C.R

Date: 7/2/20

Name of the Programme: Adolescent health Education

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme					
2	Organization of programme		✓			
3	Relevance	✓				
4	Presentation	✓				
5	Interactive session		✓			
6	Team work performance			✓		
7	Professional competence within the programme		✓			
8	Usefulness in your future career opportunities		✓			
9	Overall experience in the programme		✓			
10	Information sharing to others		✓			

General comments and Suggestions: Good programme

Signature: [Signature]  
 Name: Saranya C.R



[Signature]  
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DENTAL SCREENING PROGRAMME IN  
ASSOCIATION WITH LSN LP SCHOOL

DATE: 07.02.2020

TIME: 9AM-4PM

VENUE: LSN LP SCHOOL



*G. Ram*  
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## DENTAL SCREENING

The aspects of school health programme were discussed with Sr. Alma Maria, Headmistress LSN Lower Primary School, Sr. Dhanya Mariya, Headmistress Lady Immaculate Junior School, Sr. Alphine, Principal LSN High School. They gave permission to us for conduct the school health programme. As per the instruction of school and programme, the students conducted the dental screening on 08.02.2020 from 9:00am to 4:00pm. In the morning session, the health assessment & health education was conducted at LSN LP School & Lady Immaculate Junior School. There were 37 students and they were divided as two groups group A & group B. The group A had done the health assessment at LSN LP School & group B had done health assessment at Lady Immaculate Junior School. The assessment were conducted as different sections like anthropometric assessment vital signs, dental check-up, auditory check-up, ophthalmic check-up, general health assessment

### DENTAL SCREENING

One of the major component of school health programme was dental screening of the students. Lady Immaculate Junior School the assessment were mainly carried out on 60 students from 4<sup>th</sup> standard. In that the dental screening, the following findings were noticed.

Dental carries	41.6 %
----------------	--------

In LSN LP School the assessment were carried out on 87 students from 1<sup>st</sup> standard & 106 students from 2<sup>nd</sup> standard. In that the dental screening, the following findings were noticed.

Dental carries	36 %
----------------	------

After the Assessment the students were given health education regarding dental hygiene & common dental problems



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*P. S. S.*



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*G. G. G.*  
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*P. P. P.*

# NEHRU COLLEGE OF NURSING

PANAYUR (PO), VANIYAMKULAM, OTTAPALAM, PALAKKAD - 679 522

## STUDENTS LIST - 2016-2020 BATCH

Sl. No	Name	Attendance
1	ABHIMANYU.D	Present
2	AJITH.R	Present
3	AKHILA.A	Present
4	AKHILA.M	Present
5	ANJALI KRISHNA C	Present
6	ANJANA M S	Present
7	ANJU BABU	Present
8	ANU MOL YACOB	Present
9	ARDRA.M	Present
10	ARYA MATHAI	Present
11	ATHIRA.P.A	Present
12	BINDHIYA BENNY	Present
13	DENIYA GHILBI	Present
14	DIBILA BIJU	Present
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25	SARANYA.C.S	Present
26	SARANYA.V	Present
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30	SHYMA.P.SHAJAN	Present
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32	SREELAKSHMI.B	Present
33	SUMI.K.S	Present
34	SUVARNA.M	Present
35	SWATHY.A	Present
36	SWETHA.P.S	Present
37	UMMUSALMA.M.S	Present
38	VANI.V.V	Present



*G. Sana*  
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Name: Catherine

Name of the Programme: Dental Screening

Date: 06-02-2020

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme					
2	Organization of programme					
3	Relevance					
4	Presentation				✓	
5	Interactive session	✓		✓	✓	
6	Team work performance		✓			
7	Professional competence within the programme	✓	✓			
8	Usefulness in your future career opportunities		✓			
9	Overall experience in the programme	✓				
10	Information sharing to others	✓	✓			

General comments and Suggestions:

Signature: Catherine  
 Name: Catherine

Name: Limiya

Name of the Programme: Dental Screening

Date: 09-02-2020

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme					
2	Organization of programme					
3	Relevance					✓
4	Presentation				✓	
5	Interactive session			✓	✓	
6	Team work performance			✓	✓	
7	Professional competence within the programme			✓	✓	
8	Usefulness in your future career opportunities			✓		
9	Overall experience in the programme		✓			
10	Information sharing to others		✓			

General comments and Suggestions:

Signature: Limiya  
 Name: Limiya



G. Gow  
**PRINCIPAL**  
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**NEHRU COLLEGE**  
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**HEALTH ASSESSMENT ON MENTALLY AND PHYSICALLY  
CHALLENGED**

**VENUE : POLY GARDEN**

**DATE AND TIME : 18/01/2020**



*G. S. S. S.*  
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**KERALA - 679522**



## HEALTH ASSESSMENT ON MENTALLY AND PHYSICALLY CHALLENGED

It's estimated that between 9 to 10 percent of the population in this country has a disability. People with a disability sometimes have difficulty doing things other people take for granted. However the greatest challenge facing people with a disability is the misguided view society has long had

### About Polygarden

Polygarden is a residential rehabilitation centre governed by the charitable organisation directorate of social action is at Lakkidi near Ottapalam Town in Palakkad District, Kerala state in South India. At present 150 mentally retarded persons who are adults in between the age group of 16 to 50, most of them are orphans and belongs to family of below poverty line. Poly Garden render occupation therapy such as preparation of poly bags - nursery, vegetable garden and seed packets. They help in paddy cultivation Nurturing orchard Tasks in rubber plantation which is the programme emphasizing on rubber cultivation and allied works. They are co-operating with rubber tappers and collect at present 17 barrels (each barrel contains 200 liters capacity) of rubber milk within a period of 10 days. This latex (rubber milk) collected by mentally retarded boys are profitable and it helps the organisation to meet the partial expenses of Poly Garden the residential center. This will help to solve a big problem of rehabilitating almost 100 mentally abandoned persons. Experienced and technically qualified persons are available to help them

### Health check-up & counselling

The 5th batch of Nehru College of Nursing (4<sup>th</sup> year) has organised a health assessment & referral services for the mentally challenged inmates of Polygarden as a part of community outreach programme. The programme was held on 18<sup>th</sup> Jan 2020. The programme was organised as 2 sessions. In the morning session the students have conducted the general health assessment & mental status examination of the inmates. In this session we have monitored the anthropometric measurements, vital signs, blood glucose monitoring physical examination, & Mental status examination. The main problems that could identify were poor



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*P. P. P.*



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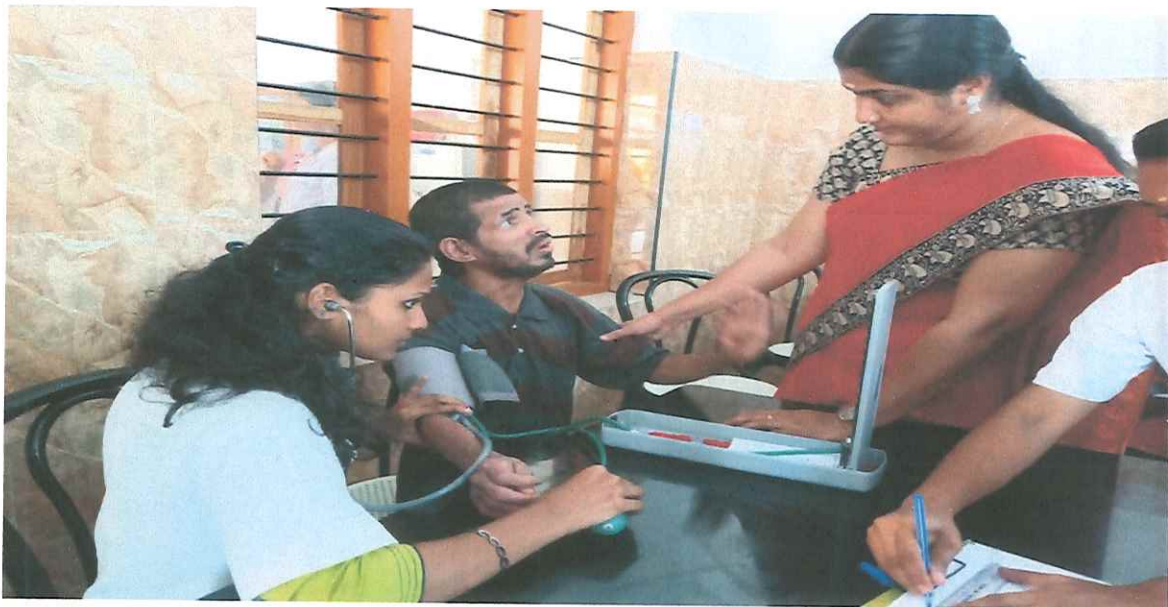
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oral hygiene, & dental carries, poor personal hygiene, increased blood sugar & increased blood pressure.

In the afternoon session, counselling and recreational programmes was organized for the inmates. The psychological symptoms & behavioural abnormalities were reported by the institution in charge. Depending up on the survey of condition the patients were counselled about drug follow up and hygienic practices. Few patients were suggested for psychological counselling and they were referred to P K Das Institute of Medical Sciences. After this session the students conducted recreational programmes for the inmates & they actively participated in all events.

The camp was very much beneficial for the inmates of Polygarden. By this we could identify new cases of Diabetes Mellitus, Hypertension & other health issues in them and almost 10 were referred for both medical & psychological treatment at PK Das Institute of Medical Sciences.



*G. Gowri*  
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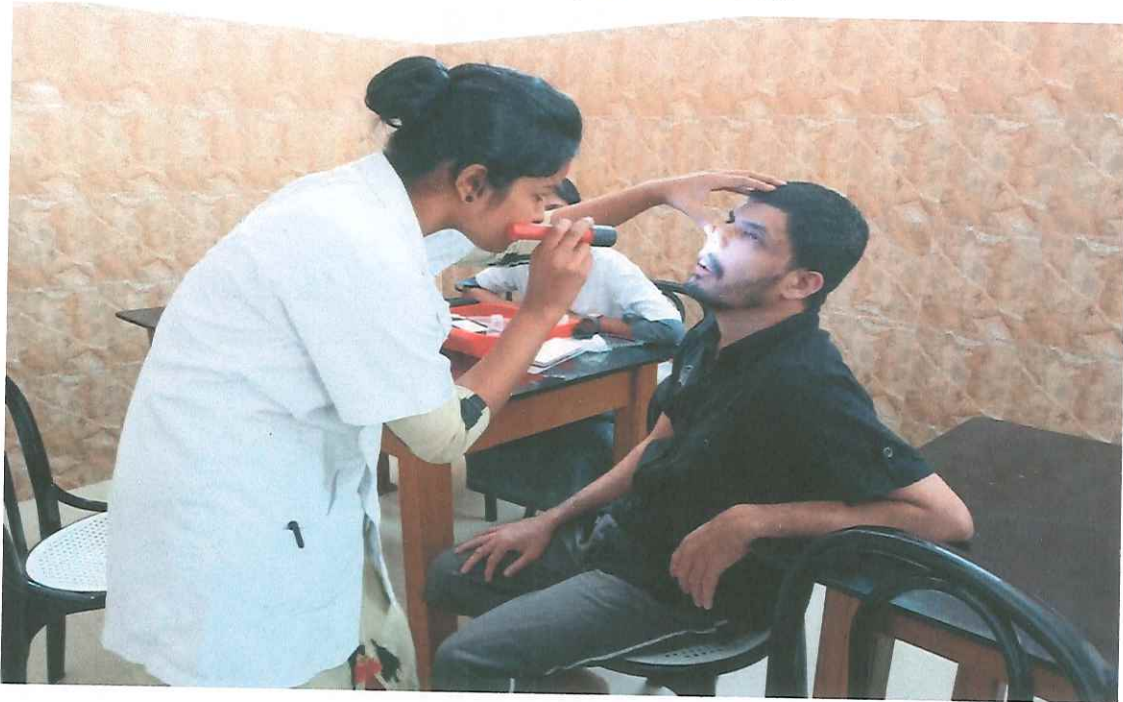


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*G. Sankar*  
**PRINCIPAL**  
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*P. R. R.*

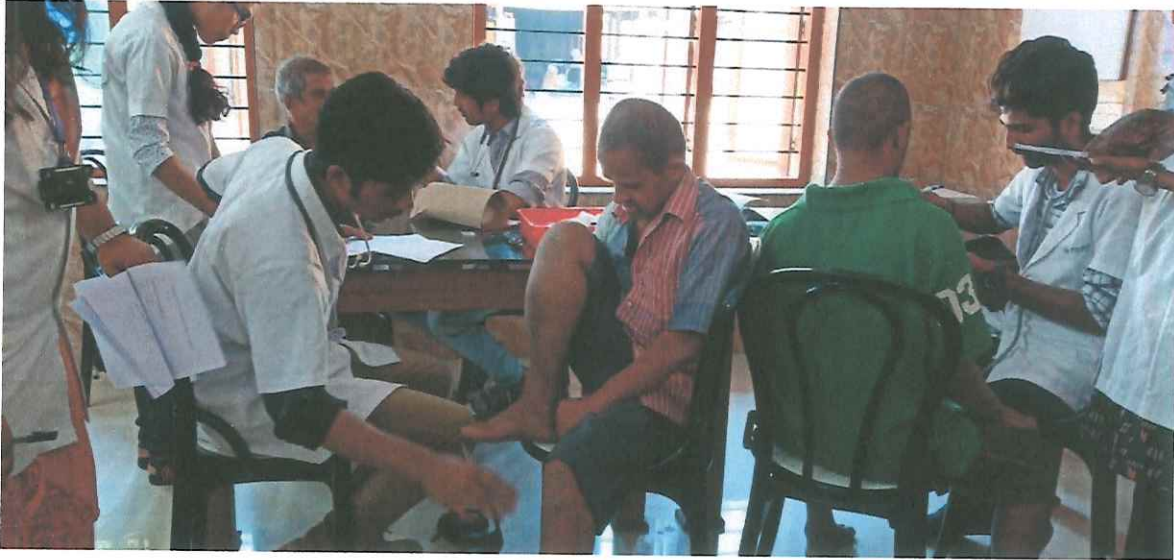


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## COUNSELLING SESSION



*Gpsun*  
PRINCIPAL  
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OTTAPALAM, PALAKKAD DT

*P. R. R.*

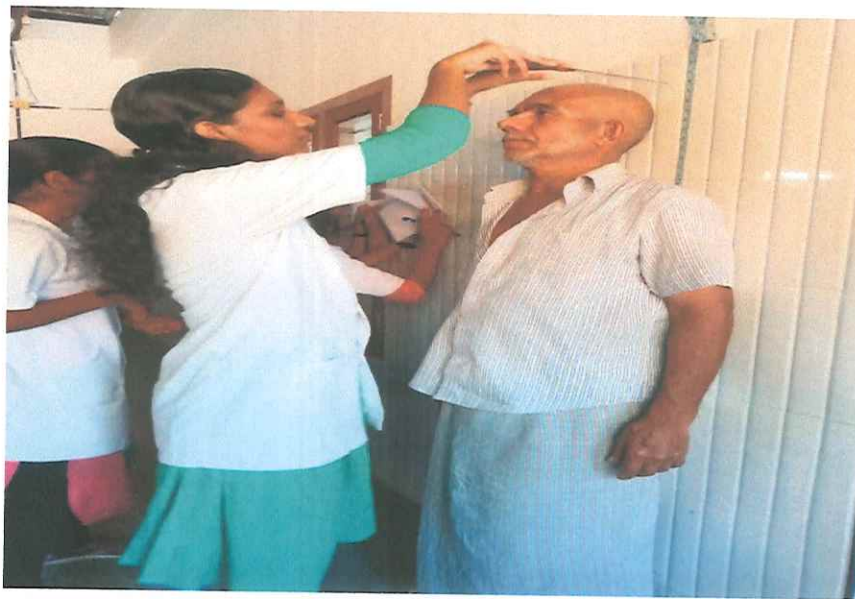


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*P. S. S. S.*


# NEHRU COLLEGE OF NURSING

PANAYUR (PO), VANIYAMKULAM, OTTAPALAM, PALAKKAD - 679 522

## STUDENTS LIST - 2016-2020 BATCH

Sl. No	Name	Attendance
1	ABHIMANYU.D	Present
2	AJITH.R	Present
3	AKHILA.A	Present
4	AKHILA.M	Absent
5	ANJALI KRISHNA C	Present
6	ANJANA M S	Present
7	ANJU BABU	Present
8	ANU MOL YACOB	Present
9	ARDRA.M	Present
10	ARYA MATHAI	Present
11	ATHIRA.P.A	Present
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13	DENIYA GHILBI	Present
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15	FATHIMA.T.A	Present
16	GOPIKA.K	Present
17	JESHMA.T.K	Present
18	KRISHNA.K	Present
19	LIBA CHERIAN	Present
20	MARY SALIGA.P.R	Present
21	MUHAMMED ARSHED.K.T	Present
22	NEENA CHACKO	Present
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24	R.V.VYSHNAVI	Present
25	SARANYA.C.S	Present
26	SARANYA.V	Present
27	SHABANA.M.S	Present
28	SHALU VARGHESE	Present
29	SHYMA JOSE	Present
30	SHYMA.P.SHAJAN	Present
31	SREEJA.S	Present
32	SREELAKSHMI.B	Present
33	SUMI.K.S	Present
34	SUVARNA.M	Present
35	SWATHY.A	Present
36	SWETHA.P.S	Present
37	UMMUSALMA.M.S	Present
38	VANL.V.V	Present



  
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# NEHRU COLLEGE of NURSING

PANAYUR (PO), VANIYAMKULAM



## FEED BACK FORM

Name: ... Archa. M

Date .. 18/1/20

Name of the Programme Health assessment on mentally and physically challenged

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme					
2	Organization of programme		✓			
3	Relevance.		✓			
4	Presentation			✓		
5	Interactive session		✓			
6	Team work performance		✓			
7	Professional competence within the programme		✓			
8	Usefulness in your future career, opportunities			✓		
9	Overall experience in the programme		✓			
10	Information sharing to others		✓			
General comments and Suggestions: <u>Good</u>				✓		

General comments and Suggestions: Good

Signature: [Signature]

Name: Archa. M



G. S. S. S. S.  
PRINCIPAL



NEHRU COLLEGE  
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## HEALTH CAMP & AWARENESS PROGRAMME



INAUGURATION : Dr. Sudish A.J

President Lions Club

Erumapetty

DATE: 03.02.2020

VENUE: Near to GHSS Erumapetty



  
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**REPORT ON HEALTH CAMP & HEALTH AWARENESS PROGRAMME AT  
ERUMAPETTY**

Lions Clubs International, a service membership organization of over 1.4 million members worldwide, was founded in Evansville, Indiana on 24 October 1916 by Dr. William Perry Woods and subsequently evolved as an International service organization under the guidance and supervision of its Secretary, Melvin Jones. The Lions motto is "We Serve". Local Lions Club programs include sight conservation, hearing and speech conservation, diabetes awareness, youth outreach, International relations, environmental issues, and many other programs. The discussion of politics and religion is forbidden. The LIONS acronym also stands for Liberty, Intelligence, Our Nations' Safety.

**Aims**

The stated purposes of Lions Clubs International are:

- To organize, charter and supervise service clubs to be known as Lions clubs.
- To coordinate the activities and standardize the administration of Lions clubs.
- To create and foster a spirit of understanding among the peoples of the world.
- To promote the principles of good government and good citizenship.
- To take an active interest in the civic, cultural, social and moral welfare of the community.
- To unite the clubs in the bonds of friendship, good fellowship and mutual understanding.
- To provide a forum for the open discussion of all matters of public interest; provided, however, that partisan politics and sectarian religion shall not be debated by club members.
- To encourage service-minded people to serve their community without personal financial reward, and to encourage efficiency and promote high ethical standards in commerce, industry, professions, public works and private endeavours



*G.S.H.C.*  
*P.S.P.*  
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The final year students of nehru college of nursing has conducted a health camp & health awareness programme in co ordination with LION'S CLUB Erumappetty 318D near to GHSS Erumapetty on 3<sup>rd</sup> FEB 2020. The programme was officially inaugurated by Dr. Sudhish A J ( President LION'S club Erumapetty 318D.) The programme was officially designated by Lt.Col. Regina P F , ( member of LION'S club & Asst. Prof. Nehru college of nursing ). Mr. Aji M P ( member of LION'S club ) Mr. James ( member of LION'S club ) & Ms. Sruti S ( clinical instructor Nehru college of Nursing )

Through this camp it was mainly focused on identifying risk for diabetes and hypertension and also educating the public regarding it's risk factors , prevention & management there were around 100 people attended the camp. majority of the members are having DM & HTN & are taking medications. Around 10 members were referred to P K Das Institute of Medical Sciences for further evaluation after the assessment.



*G. Sudhish*  
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*R. Regina P F*



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*G. S. S. S.*  
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Along with the class there was chart presentation & health awareness class regarding DM & HTN. In this session the students have displayed the charts regarding the disease condition it's management & preventive measures



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*[Handwritten Signature]*



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There was greater appreciation from the lion's club members & the police force of Erumapetty. This camp was very much beneficial for the people over that area & the LION'S club members offered to conduct more health programmes with NEHRU COLLEGE OF NURSING

*P. S. S. S.*



*G. S. S.*  
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KERALA - 679522

# NEHRU COLLEGE OF NURSING

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## STUDENTS LIST - 2016-2020 BATCH

Sl. No	Name	Attendance
1	ABHIMANYU.D	Present
2	AJITH.R	Present
3	AKHILA.A	Present
4	AKHILA.M	Absent
5	ANJALI KRISHNA C	Present
6	ANJANA M S	Present
7	ANJU BABU	Present
8	ANU MOL YACOB	Absent
9	ARDRA.M	Present
10	ARYA MATHAI	Present
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12	BINDHIYA BENNY	Present
13	DENIYA GHILBI	Present
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34	SUVARNA.M	Present
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37	UMMUSALMA.M.S	Present
38	VANI.V.V	Present



*[Signature]*  
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OTTAPALAM, PALAKKAD DT  
KERALA - 679522

**FEED BACK FORM**

Name: ... Sumi .....

Name of the Programme Health Camp & Awareness Programme Date 3/2/20

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme	✓				
2	Organization of programme	✓				
3	Relevance	✓				
4	Presentation		✓			
5	Interactive session		✓			
6	Team work performance		✓			
7	Professional competence within the programme		✓			
8	Usefulness in your future career opportunities		✓			
9	Overall experience in the programme		✓			
10	Information sharing to others	✓	✓			

General comments and Suggestions:

Signature: [Signature]  
Name: Sumi



**FEED BACK FORM**

Name: ... Shaji .....

Name of the Programme Health awareness & Awareness Programme Date 3/2/20

Sl. No	Criteria	Excellent 5	Very good 4	Good 3	Fair 2	Poor 1
1	Rate the activities in the programme	✓				
2	Organization of programme	✓				
3	Relevance			✓		
4	Presentation			✓		
5	Interactive session			✓		
6	Team work performance			✓		
7	Professional competence within the programme		✓			
8	Usefulness in your future career opportunities		✓			
9	Overall experience in the programme		✓			
10	Information sharing to others	✓	✓			

General comments and Suggestions:

Signature: [Signature]  
Name: Shaji



[Signature]  
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OTTAPALAM, PALAKKAD DT  
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# സമൂഹ മന്തുരോഗ നിവാരണ ഗുളിക വിതരണ പരിപാടി

## 2019 നവംബർ 11 മുതൽ 30 വരെ.



ഡി.ഇ.സി. ആൽബർട്ടോസോൾ ഗുളികകൾ കഴിക്കൂ  
മന്തുരോഗവ്യാപനം തടയൂ.....

ആരോഗ്യ പ്രവർത്തകരുടെ നേതൃത്വത്തിൽ സന്നദ്ധപ്രവർത്തകർ വീടുകളും, സ്ഥാപനങ്ങളും സന്ദർശിച്ച് ഗുളികകൾ വിതരണം ചെയ്യുന്നതാണ്.

2019 നവംബർ 11 മുതൽ 30 വരെ

ജില്ലാ ആശുപത്രി, സ്ത്രീകളുടെയും കുട്ടികളുടെയും ആശുപത്രി,  
താലൂക്ക് ആശുപത്രികൾ, സാമൂഹ്യാരോഗ്യകേന്ദ്രങ്ങൾ,  
പ്രാഥമിക ആരോഗ്യ കേന്ദ്രങ്ങൾ  
തിരഞ്ഞെടുത്ത സ്വകാര്യ ആശുപത്രികൾ എന്നിവിടങ്ങളിലൂടെയും  
ഗുളികകൾ വിതരണം ചെയ്യുന്നതാണ്.



ജില്ലാ മെഡിക്കൽ ഓഫീസ് (ആരോഗ്യ), ആരോഗ്യകേരളം, പാലക്കാട്.  
NATIONAL VECTOR BORNE DISEASE CONTROL PROGRAMME



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## MASS DRUG ADMINISTRATION (Nov 12<sup>th</sup> 2019 – Nov 30<sup>th</sup> 2019)

Lymphatic filariasis (LF) is the world's second leading cause of long-term disability. The current estimate reveals that 120 million people in 83 countries of the world are infected with LF parasites and more than 20% of the world's population are at risk of acquiring infection. Elimination of lymphatic filariasis (ELF) denotes cessation of LF as a public-health problem, when the number of microfilaria carriers is less than 1% and the children born after initiation of ELF are free from the circulating antigenemia. In India, it is estimated that 554.2 million people are at risk of LF infection in 243 districts. In order to achieve the goal of ELF in India by 2015, National Filaria Day was proposed to be observed every year starting from 2004 in the endemic districts. Control of ELF using an annual mass drug administration (MDA) is one of the cheapest and the most beneficial disease control strategy in the annals of public-health history. MDA in combination with the other techniques has already eliminated LF from Japan, Taiwan, South Korea and Solomon Islands and markedly reduced the transmission in China. The recommended approach is annual supervised MDA through a door-to-door visit by co administration of a single dose of Diethyl carbamazine (DEC) and Albendazole preferably on a single day with two-day mopping up operations. Children below 2 years, pregnant women and seriously ill patients are not eligible for MDA.

### Orientation class

4<sup>th</sup> year BSc nursing students of Nehru college of nursing had got a opportunity to participate in the MRD campaign at Vaniyamkulam Panchayath which was held from Nov 12<sup>th</sup> – Nov 30<sup>th</sup>. The panchayath members & primary health centre of vaniyamkulam has organized a orientation class for the volunteers of the MDA. Students of Nehru college, ASHA workers & other health teams members have attended the class. The class was on 19<sup>th</sup> Nov at vaniyamkulam gramapanchayath hall from 2.30pm to 4pm. The class was taken by health inspector Mr. SHAJAN & Mrs. JAYAPRABHA, Arogya standing committee chairperson.

### Awareness rally

For public awareness regarding the MDA programme a rally was organised on 20<sup>th</sup> Nov. Health care professionals under vaniyamkulam PHC, panchayath members, ASHA workers, 4<sup>th</sup> year nursing students, medical students of PKDIMS, students from Koonathara school & TRK school were participated in the rally. The rally flag off by the panchayath president from Vaniyamkulam PHC & it covered the vaniyamkulam centre & signed off at vaniyamkulam PHC.

### Mass drug administration

The drug distribution were conducted for 3 days (Nov 21<sup>st</sup>, Nov 22<sup>nd</sup>, Nov 23<sup>rd</sup>) Along with other volunteers of MDA students were divided into groups & covered all the houses in Vaniyamkulam panchayath in this 3 days & distributed the DEC + Albendazole medication. drug booths were set up PKDAS HOSPITAL, & the main 2 bus stops in vaniyamkulam centre. They have covered almost 200 people

The students got a great opportunity to participate in the MDA campaign of vaniyamkulam Panchayath & it was very much effective & helpful for them.

Signature of sub – coordinator

Signature of principal



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# MASS DRUG ADMINISTRATION PROGRAMME

Orientation class Nov 19<sup>th</sup> 2019



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## HEALTH EDUCATION PROGRAMME

The students of Nehru College of nursing are very much concern about the public in this covid 19 pandemic period. As a part of covid 19 activities of NEHRU COLLEGE OF NURSING Our final year student Ms SWATHY has initiated a health education programme with her own interest to the natives of her village. The main objective was aimed at reaching out to community people with the message **on corona virus outbreak, how to identify early & to protect oneself from it**. The talk was on corona virus, its causes, symptoms, mode of transmission, & preventive measures which was highlighted on the importance of maintaining basic hand & respiratory hygiene. The programme was very much effective & beneficial to the community



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